

STANDARD INSTALLATION
TOPIC EXCHANGE SERVICE



RELOCATION INFORMATION FOR

FLTACT Sasebo
Japan

Information Date
September 25, 2003

Visit the SITES Web Site at
<http://www.dmdc.osd.mil/sites>

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Installation

Installation Overview

Fleet and Family Support Center U.S. Fleet Activities, Sasebo, Japan PSC 476 Box 62 FPO AP 96322-0062

Location..... : Sasebo is situated at Long. 129° 40' E and Lat. 33° 10' N in the northern part of Nagasaki Prefecture. Located on the northwest corner of the island of Kyushu, approximately one and a half hours north of Nagasaki City, two hours south of Fukuoka City, five hours south of Iwakuni MCAS, 900 miles southwest of Tokyo and 110 miles from Korea.

Major Command..... : U.S. FLEET ACTIVITIES, SASEBO, JAPAN (CFAS) The friendliest base in Japan. CFAS has a base population of approximately 6,000 and covers 1,000 acres of land in nine different locations. Most of the services, facilities, and housing are located at Main Base and Hario Village. The rest of the areas consist of two ordnance facilities (with about forty-thousand tons of Navy and Marine Corps munitions), two fuel facilities (with five and a half million barrels of fuel), and an LCAC facility at Sakibe. See specific directions on how to get to the installation from the airport, bus/train stations, and driving under Category INSTALLATION, Subject Area MUST KNOW ITEMS.

CFAS Mission..... : To receive, renovate, maintain, store and issue ammunition, explosives, expendable ordnance items, weapons and technical ordnance material; operate and maintain base facilities for the logistic support of homeported units and visiting operating forces of the Pacific Fleet and designated tenant activities.

Mission Statement..... : We are committed to deliver unequalled and continuously improving service and support, with small town hospitality, to the Fleet and the entire Sasebo community. We strive to be the most sought-after Naval activity in the world in which to work, visit and live.

Telephone Access..... : Unless otherwise specified, all phone numbers listed in SITES are DSN and can only be dialed from a DSN line or from on base. For those calling from CONUS please make sure you use the prefix 315 before dialing DSN. To

call commercially from the U.S., dial the base operator and ask for extension 252-xxxx. (011 is the code to dial overseas, 81 is the country code for Japan, 956 is the area code for Sasebo)

Main Base Operator..... : 011-81-956-24-6111
Hario Village Operator..... : 011-81-956-58-4760

History..... : The important bi-lateral relationship between Japan and the United States which exists today is very much in evidence at U.S. Fleet Activities, Sasebo, where ships of the Japanese Maritime Self Defense Force and the United States Seventh Fleet share this excellent port.

Sasebo has been an important naval base ever since 1883, when then Lieutenant Commander Heihachiro Togo nominated the tiny fishing village here to form the nucleus for a mighty base for the Imperial Japanese Navy. In 1904, ships of the Japanese Navy under Admiral Togo sailed from Sasebo to take on the Russian Baltic Fleet. Admiral Togo's victory at the Battle of Tsushima is a classic in naval history.

The Imperial Japanese Navy had some 60,000 people working in the dock yard and associated naval station here at the peak of World War II, outfitting ships, submarines and aircraft. In those days, just as today, Sasebo was a favorite liberty port for navy personnel.

In September of 1945, the U.S. Marine Corps Fifth Division landed at Sasebo, and in June 1946, U.S. Fleet Activities, Sasebo was established.

When war broke out in Korea three years later, Sasebo became the main launching point for United Nations and U.S. Forces. Millions of tons of ammunition, fuel, tanks, trucks and supplies flowed through Sasebo on their way to U.N. Forces in Korea. The number of Americans in Sasebo grew to about 20,000; and some 100 warships and freighters per day swelled the foreign population here still more.

After the Korean war ended, the Japanese Self Defense Forces were formed, and Japanese Maritime Self Defense Forces ships began to homeport in Sasebo.

U.S. Fleet Activities continued to support ships of the U.S. Seventh Fleet. Service Force ships as well as minecraft made Sasebo their homeport. U.S. Fleet Activities, Sasebo provided heavy support to the expanded Seventh Fleet during the years of war in Southeast Asia. Repair work done by Japanese shipyards in Sasebo was then, and is still today, equal to the best in the world. In the mid Seventies, U.S.

Fleet Activities, Sasebo became Naval Ordnance Facility, Sasebo, and fleet visits dwindled to a very low level.

But on July 4th, 1980 this trend was reversed. U.S. Fleet Activities regained its name, and once again Seventh Fleet ships started to make Sasebo their overseas homeport. Sasebo is currently home to Commander, Amphibious Squadron Eleven and assigned ships: USS Essex(LHD-2), USS Harpers Ferry (LSD-49), USS Juneau (LPD-10), USS Fort McHenry (LSD-43), USS Guardian (MCM-5), USS Patriot (MCM-7) and USS Safeguard (AFS-50) and some 5,000 Americans as part of the forward deployed naval forces.

U.S. Fleet Activities, Sasebo played a vital logistics role in Operation Desert Shield/storm during 1990-91, by serving as a supply point for ordnance and fuel for ships and Marines operating in the Persian Gulf theater.

Today, as throughout its history, U.S. Fleet Activities, Sasebo stands ready to support Seventh Fleet units as they continue to ensure peace and security in the Pacific region.

Must Know Items

For more information on this subject:
<http://www.cfas.navy.mil>

REMEMBER TO CONTACT YOUR SPONSOR.
The best tip is to pre-plan and make sure your sponsor has your travel dates and if lodging is needed, have confirmed reservations before arriving. If you have orders to a ship, contact FMAT at 252-3623/3627 or utilize their e-mail address at fmata@cfas.navy.mil

DIRECTIONS FROM FUKUOKA AIRPORT TO SASEBO

Most arriving personnel will be routed through Fukuoka Airport. It is about 2 hours from Sasebo. Public Works Department provides a free shuttle bus for all arriving and departing personnel and accompanying family members at U.S. Fleet Activities, Sasebo. The bus runs between the base and Fukuoka Airport two (2) times a day. It departs Fukuoka Airport from the Domestic Terminal (Terminal Three) parking lot at 1200 and 2230. All shuttle buses are driven by a Japanese national who is usually wearing a blue jacket or shirt and a CFAS Navy ballcap. A member of the Family Member

Assistance Team (FMAT) rides the third shuttle from Sasebo to Fukuoka along with the Japanese driver and remains at the airport until 2230. The last international flight arrives at 1600. The last domestic flight arrives at 2150. Please have your sponsor call FMAT (DSN 252-3623/3627) or Transportation (DSN 252-3326). Reservations can also be made through the COMFLEACTS Sasebo Website that is located in the above right hand corner and click on the Shuttle Bus link.

After collecting your baggage, you should exit to the lobby and look for one of these persons. If you or your sponsor has notified FMAT or Transportation in advance, your name and flight information will be on the arrival list and these personnel will be looking for you as well. On the last shuttle, the driver and FMAT personnel continuously make rounds to all terminals and are on the look out for incoming personnel. All information booth attendants speak and understand English. But you will need to speak slowly and clearly and it would help if you would write down your question(s). Most Japanese can read English but may have difficulty speaking fluent English. If your name is not on the list you can still ride the shuttle on a SPACE AVAILABLE BASIS, however, your chances of being missed are greater. Do Not take a taxi from Fukuoka to Sasebo, the cost is over \$300.00. PLEASE contact your sponsor or FMAT(Family Member's Assistance Team)in advance so we know you are arriving. If your arrival time is changed due to delay or cancelation, contact FMAT as soon as possible so your lodging is not canceled.

To ride the shuttle you must show your military ID card and give a copy of your orders. A REMINDER-Telephones, vending machines, etc. at the Japanese airport's only accept yen. Fukuoka Active Duty Shuttle Bus Telephone..... : 252-3497
Comments..... : If your plans are changed call FMAT at 252-3623/3627 or e-mail address: fmata@cfas.navy.mil. FMAT is open Monday-Friday from 0730-1630 with a duty FMAT person on call 24 hours a day. Duty FMAT personnel can be reached by calling CFAS CDO at 252-3311.

BUS AND TRAIN DIRECTIONS FROM FUKUOKA TO SASEBO Commercial bus and Japan Railways (JR) train transportation is available from Fukuoka to Sasebo, however, it is difficult to negotiate at the end of a long overseas flight and it is **STRONGLY RECOMMENDED** that you take advantage of the free shuttle bus.

DRIVING TO SASEBO If you are already in Japan and plan on driving to Sasebo, the easiest route from Honshu is to take the KYUSHU EXPRESSWAY. South of Fukuoka, follow the signs towards Nagasaki. Get off at Exit #9 and follow the signs to the NAGASAKI EXPRESSWAY. From the NAGASAKI EXPRESSWAY, take Exit #6 to the NISHI-KYUSHU EXPRESSWAY and Sasebo. The Expressway ends at the interchange with Route 35. Follow the signs to CENTRAL SASEBO and continue on Route 35 (approx. 15 km) until you see a sign pointing left to "JMSDF Sasebo District HQ". Turn left and continue straight to CFAS Main Gate.

INPROCESSING

In processing differs for various commands. Contact your sponsor for specific reporting procedures. If you are unaccompanied and reporting to a ship and you arrive after duty hours, report directly to your command. If your ship is deployed or you are with a shore command and you arrive after duty hours, report directly to the BEQ or BOQ for check-in. Again, check with your sponsor for detailed information concerning further command "check-in" information. Shore-Based POC..... : Personnel Support Activity Location..... : Building 154 Telephone..... : 252-3470/3475 Hours..... : Mon-Fri 0900-1500 Comments..... :

For further information on temporary quarters, see Category RELOCATION SERVICES, related subject, Billeting.

For further information on Child Care Services, see Category CHILD AND TEEN SERVICES, related subject Child Development Programs - on Installation.

Pets can be brought to Sasebo but only with a lot of PLANNING BEFORE ARRIVING in Japan. You will pay the cost to fly the pet to Japan. The Japanese airports only accept YEN. Please have yen on you before arriving to Japan, this can be done through your bank or at the airport's money exchange booth. There are limited self-serve (you are responsible for feeding, watering and cleaning your animals holding facility) animal holding facilities onboard the base. There is a fee for their usage. Japanese kennels are expensive and below American standards. Many Japanese realtors do not allow animals in the rental houses. Please see Category Relocation Services, related subjects Pet Transportation and Pet Quarantines.

Be sure to hand carry the following important documents: - Military ID - Passports - Original orders and multiple copies - Dependent Entry Approval - Service, pay, medical and dental records - Phones numbers for FMAT and CFAS quarterdeck - Yen (equal to \$100.00-300.00 U.S. Dollars)

Temporary Lodging Allowance (TLA) is paid through ISD Sasebo in 10 day increments for all military personnel on TLA. Ships with disbursing services on board will pay TLA when the ship is in port. TLA extension beyond 30 days is approved by COMFLEACT Sasebo and beyond 60 days is approved by COMNAVFORJAPAN via CFAS. DoD civilians receive 90 days TLA. This allowance should cover expenses for lodging in the Navy Lodge or in a Japanese hotel. Please be advised that TLA rates will differ for dual active duty couples. TLA claims received before 10a.m. will be processed on the same day and after 10 a.m. will be next working day. If you do not feel you are eligible for TLA, please plan accordingly when determining your moving budget. A Japanese hotel is EXPENSIVE and lodging on base is provided on a very limited space available basis. The cost of living in Japan is higher than in some areas in the United States. The U. S. Navy compensates with a Cost of Living Allowance (COLA) included in the active duty service member's pay. This amount is adjusted as the yen rate fluctuates. Most daily necessities are available on base and if not the Japanese stores are accessible and have many American brands. But as a rule of thumb if you have a particular brand you or your children love, buy extra and ship it over in your household goods.

INSTALLATION INFORMATION

Due to non-availability or limitations of services imposed by being in an isolated overseas environment, health care should be a prime consideration during overseas screening because of the limited care available through the clinic. Exceptional Family Member Program (EFMP) enrollees should contact the EFMP point of contact to ensure their needs can be met in Sasebo.

UNIQUE REGULATIONS/RESTRICTIONS

FIREARMS

DO NOT BRING FIREARMS OR OTHER WEAPONS OF ANY KIND TO JAPAN INCLUDING ITEMS THAT RESEMBLE A WEAPON. Very heavy restrictions and penalties exist under the Japanese Swords and Firearms

Control Act for possession of firearms and other dangerous instruments, including replica firearms, pellet pistols, pocket knives, etc.

OBTAINING A DRIVERS' LICENSE All driving in Japan is done on the left side of the road. It is **MANDATORY** for all personnel to attend a four day Base Indocrination and Intercultural Relations and Safety Driver's Brief workshop **BEFORE** being issued a driver's license for driving all government vehicles, POV's, and motorcycles issued under SOFA. Have your sponsor make reservations with the Relocation office to attend the workshops. International Driver's license **ARE NOT** accepted. Upon arrival you should pick up a copy of a local drivers manual from your Relocation Office at FFSC and study for your driver's exam.

After attending Base Indoc/ICR/Safety Brief you must present a current stateside license, and pass a fifty question written exam and driver's road test, to be issued your driver's license.

Motorcycle safety course is a prerequisite for a motorcycle license. An international driver's license is not acceptable.

If you do not have a stateside driver's license, you are required to take an eight hour driver's course and a written exam and upon completion be issued a learner's permit to be used **ONLY** on BASE and a SOFA sponsored personnel must be in the vehicle. If you have an expired stateside license, you are required to take an eight hour driver's course and the written and road exam.

AUTOMOBILES

You may not ship any automobile manufactured in the US on or after 1 Apr 1976 that was intended for original sale in the US. Additionally, there are many other disadvantages of having an American car in Japan, including considerable difficulty, delay and expense involved with Japanese vehicle inspections.

All privately owned vehicles must be registered at the Pass and Registration Office. Insurance required is Japanese Compulsory Insurance (JCI) which should be included in the purchase price of the vehicle and effective for no longer than two years. The inspection to ready a vehicle to receive JCI can be very expensive. It is a good idea to buy a vehicle with at least a year or more JCI left. If the vehicle has only a few months of JCI left it would be wise to have the NEX garage do a pre-inspection before you purchase the vehicle and then pay several hundred's

of dollars for the vehicle to pass JCI. If all this is confusing don't worry, there are information sheets at Pass and Registration that can assist you. The Base insurance is also required as additional insurance and can be purchased at a local insurance company. The cost of this base insurance is based on age and pay grade. Officers may use their USAA membership for this base insurance coverage.

Road tax is due each year and cost is based on the type of vehicle and size of engine. Ranging from 1,900 to 7,500 yen.

Used cars, trucks and motorcycles are advertised in the base newspaper, on the radio station and the Thrifty Yen selling board at FFSC. Vehicles run from \$800.00-\$2500.00. There are also Japanese car dealers that assist Americans with their purchase.

PET QUARENTINE

Again we cannot stress enough the importance of planning before arriving with a pet. Please see the Category Relocation services, related subjects Pet transportation. Upon arrival all pets are subject to a 14-day home quarantine period. After the home quarantine period the pet must be examined by the on base Army vet or technician who signs the documents and forwards them to the Japanese authorities.

POST OFFICE BOXES

Personal mail boxes are issued to sea-going accompanied personnel only. Incoming accompanied sea-going personnel need to contact their sponsor or the post office for your box number. Box numbers can be assigned up to 90 days in advance. A copy of the requesting individual's command dependent entry approval and orders must accompany each request. Unaccompanied sea-going and shore based personnel will receive their mail through their individual commands.

The post office is a branch of USPS and offers all the services of a state side post office, except express mail and COD delivery. However, you can receive express mail service at the local Japanese post offices, but at a higher cost and is based on weight (grams) of the items. For your convenience, FFSC's Information & Referral has a Japanese Post office information sheet.

AMERICAN RED CROSS (ARC)

Emergency Red Cross services to the armed forces include: emergency communications, financial

assistance for emergency leave and other emergency conditions, counseling, information and referral. If an emergency situation arises with your loved ones, tell your family to call the nearest chapter of the American Red Cross for help in contacting you. ARC can even contact you aboard a ship at sea, but not without the below information:

NAME, SOCIAL SECURITY NUMBER, MILITARY UNIT (SHIP/DET/SQDN), MILITARY INSTALLATION (BASE), FPO & ZIP CODE, UNIT PHONE NUMBER (IF AVAILABLE)

COMMAND SPONSORSHIP OF E-3 AND BELOW PERSONNEL

Consistent with BUPERS and CINCPACFLT policy, no E-3 or below personnel will be approved for command sponsorship in the Sasebo, Japan area. Currently some commands are looking at a case by case request. Each command's E-3 and below must be aware that non-sponsorship of family members mean no allowances (COLA,OHA); limited medical care; and entitlements to return transportation to CONUS at the completion of the sponsor's tour. This is a true FINANCIAL NIGHTMARE, TALK with your command BEFORE flying over your spouse and then trying to get sponsorship.

FAMILY PETS

Pets are part of your of family and they need extra planning to ensure a safe and hassle free arrival. Remember you pay the cost to fly the pets over, the Japanese airports only take YEN. No HOTELS IN SASEBO TAKE PETS! There are limited self-serve (you are responsible for feeding, watering and

cleaning your animals holding facility) animal holding facilities onboard the base. There is a fee for their usage. Japanese kennels are below American standards and are very expensive. Many Japanese realtors do not allow animals in the rental houses. Base housing does not allow dogs in the towers, you will have to wait for a townhouse. Cats are allowed in the towers. Please review the Pet Information section in the RELOCATION SERVICES in this this booklet, regarding difficulties in bringing pets to Sasebo. During the summer months travel restrictions have been imposed on transporting pets on commercial airlines. The policies for each airline is outlined in the Pet Transportation section under RELOCATION SERVICES of this SITES page.

HOUSEHOLD GOODS WEIGHT ALLOWANCES

Per the Joint Federal Travel Regulations (JFTR), the household goods weight allowances for mainland Japan (including Sasebo) are 75 PERCENT of your normal paygrade allowance. Before you panic, remember that you will not need to bring many of your "big ticket" items, i.e washer, dryer, refrigerator, etc. These items won't fit in a Japanese size home while you live out in town and are provided in base housing.

NON-PRESCRIPTION DRUGS

Recently, several new arrivals were stopped by Japanese Customs officials for possession of Vicks inhalers. These and other similar products are in violation of the Immigration-Control and Refugee-Recognition Act. Contact your local Customs office for guidance.

Must Know Items

--Installation--	
Site Name	FLTACT Sasebo
Last Updated	September 25, 2003
Country	Japan
County	
ZIP Code	96322
Service	USN
Host Command	COMMANDER, FLEET ACTIVITIES SASEBO
Physical Size	0
--Phones--	
DSN Country Code	
DSN Number	252-3101 /3604
Commercial Country Code	011-81-
Commercial Area Code	956-
Commercial Number	24-6111 EXT.3101/3604
FAX DSN Country Code	
FAX DSN Number	252-3653
FAX Commercial Country Code	011-81-
FAX Commercial Area Code	956-
FAX Commercial Number	24-6111 EXT 3653
--Official Mailing Address--	
Street Line 1	FLEET AND FAMILY SUPPORT CENTER
Street Line 2	PSC 476 BOX 62
City	
Overseas P.O.	FPO AP
ZIP Code	96322-0062
--Deliverable Address--	
Street Line 1	
Street Line 2	
City	
State/Territory	
ZIP Code	
E-Mail	c102b@cfas.navy.mil

Geographically Separated or Satellite Locations

Hario Village is located about 18 kilometers or 12 miles from the main base.

Geographically Separated or Satellite Locations

<i>Satellite</i>	<i>Command</i>	<i>Distance</i>	<i>Associated Site Name</i>
Hario Village	CFAS	25 minute drive	FLTACT Sasebo

Nearby Installations (Listed Separately in SITES)

<i>State/Country</i>	<i>Site Name</i>	<i>Service</i>	<i>Distance</i>
Japan	Marine Corps Air Station Iwakuni	USMC	400 KM (5 hrs)

Regulations

STATUS OF FORCES AGREEMENT (SOFA)

The Status of Forces Agreement is part of a treaty between the Japanese and American governments. The purpose of this agreement is to define specific uses of Japanese land and facilities by U.S. forces and, most important, the legal rights and obligations of military and Department of Defense (DOD) personnel and their family members while stationed in Japan. This agreement contains many guidelines related to Japanese customs regulations, registration requirements and criminal and civil law provisions. You are an American visiting this beautiful area of Japan you are expected to be an ambassador helping to bridge goodwill between the cultures.

When processing through immigration at the airport your passport will be stamped "Entered Under Status Of Forces Agreement." Be certain to double check that you have received the correct stamp. Upon arrival to the base, you must take your passport(s) to PSD so they can validate it with a SOFA stamp for multiple entry/exit to and from Japan.

Active duty members are not required to have a passport for entry into Japan when on orders. Your military ID card and a copy of your orders will be sufficient for Japanese immigration. **SPECIAL NOTE:** A commercial (tourist) passport is required for travel to many other countries and for certain port visits.

STAFF JUDGE ADVOCATE (SJA)

Location..... : Building 80
Telephone..... : 252-2102
Hours..... : Mon-Fri 0800-1130 & 1300-1530
Comments..... :

PASS AND REGISTRATION OFFICE

Location..... : Building 320
Telephone..... : 252-3446/2378
Hours..... : Mon-Fri 0800-1630
Comments..... :

Visit the Pass and Registration Office to obtain a guest pass for non-Status of Forces Agreement

(SOFA) sponsored visitors or to register your privately owned vehicle (POV).

DRIVERS LICENSE

Location..... : Building 200
Telephone..... : 252-2704
Hours..... : MON-FRI 0800-1600
Comments..... :

All driving in Japan is done on the left side of the road. A special driver's license for driving on base and in Japan is required for driving all government vehicles, POV's, and motorcycles issued under SOFA. You can obtain this license if you present a current stateside license, E-5 and above, and 19 years of age or older. You must pass a Fifty question written exam and road test. You are also required to attend a safety training course conducted by the Safety Department. This course is included in the mandatory Base Indoctrination/Intercultural Relations brief. **YOU MUST ATTEND BASE INDOC/ICR TO OBTAIN A DRIVER'S LICENSE.** A motorcycle safety course is a prerequisite for a motorcycle license. International driver's licenses are not acceptable. Upon arrival you should pick up a copy of a local drivers manual from Fleet and Family Support Center and study for your driver's exam.

It is suggested that you renew your stateside driver's license prior to your arrival in Japan if your stateside license will expire during your tour of duty.

VEHICLE REGISTRATION

Location..... : Building 320
Telephone..... : 252-3446/2378
Hours..... : Mon-Fri 0800-1630
Comments..... :

All privately owned vehicles must be registered at the Pass and Registration Office. Insurance required is Japanese Compulsory Insurance (JCI) which should be included in the purchase price of the vehicle and effective for no longer than two years. Base insurance is also required as additional insurance and can be purchased at a local insurance company. The cost of this base insurance is based on age and pay grade. Officers may use their USAA membership for this base insurance coverage. Road tax is due each

year and ranges from \$26 - \$185, based on the type of vehicle and size of engine.

FIREARMS

DO NOT bring firearms or other weapons of any kind into Japan. Very heavy restrictions and penalties exist for possession of firearms and other dangerous instruments, including replica firearms.

Commonly Referenced Numbers

Billeting..... : BEQ 252-3413/BOQ 252-3794

Branch Medical Clinic..... : 252-3791/3625 FAX 252-3736

Branch Dental Clinic..... : 252-3886/3747 FAX 252-3717

Chaplain..... : 252-3380 FAX 252-3422

Child Development Center..... : 252-2985 FAX 252-3612

Command Duty Officer..... : 0901-517-7969 FAX 252-3659

Commercial Travel Office..... : 252-3482/3414 FAX 252-3483

Credit Union (Navy Federal)..... : 252-3617/3420

Family Members Assistance Team.. : 252-3627 FAX 252-3653

Fleet and Family Support Center. : 252-3604 FAX 252-3653

Housing Welcome Center..... : 252-3402 FAX 252-3453

Community Bank..... : 252-3962

Navy Lodge..... : 252-3608/3603 FAX 252-3474

Personnel Support Detachment.... : 252-3470/3475 FAX 252-3763

Port Operations..... : 252-3311/2310 FAX 252-3659

Red Cross..... : 252-3430

Security..... : 252-3446/3710 FAX 252-3468

Transportation Office..... : 252-3497/3326 FAX 252-3321

Commonly Referenced Numbers

<i>Name</i>	<i>Commercial</i>	<i>DSN</i>
CDC	()-	252-2985

Major Unit Listing

COMPHIBRON-11

Commodore..... : 252-3522

CSO..... : 252-3533

CMC..... : 252-3577

Admin Phone..... : 252-3577/3542

FAX..... : 252-3315

USS ESSEX (LHA-2)

Commanding Officer..... : 252-3403

Executive Officer..... : 252-3440

CMC..... : 252-3341

Quarterdeck..... : 252-3892

FAX..... : 252-3984

USS JUNEAU (LPD-10)

Commanding Officer..... : 252-3345

Executive Office..... : 252-3345

CMC..... : 252-3995

Quarterdeck..... : 252-3995

FAX..... : 252-3983

USS HARPER'S FERRY (LSD-49)

Commanding Officer..... : 252-3376

Executive Officer..... : 252-3376

CMC..... : 252-3366

Quarterdeck..... : 252-3374

FAX..... : 252-3697

USS FORT MCHENRY (LSD-43)

Commanding Officer..... : 252-3191

Executive Officer..... : 252-3191

CMC..... : 252-3191

Quarterdeck..... : 252-3195

FAX..... : 252-3196

USS GUARDIAN (MCM-5)
 Commanding Officer..... : 252-1290
 Executive Officer..... : 252-1291
 CMC..... : 252-1291
 Quarterdeck..... : 252-1291
 FAX..... : 252-1292

USS PATRIOT (MCM-7)
 Commanding Officer..... : 252-1200
 Executive Officer..... : 252-1200
 CMC..... : 252-1200
 Quarterdeck..... : 252-1200
 FAX..... : 252-1203

USS SAFEGUARD (AFS-50)
 Commanding Officer.....: 252-1210
 Executive Officer.....: 252-1211
 Fax.....: 252-1313
 Quarterdeck.....: 252-1212

TENANT/CONTIGUOUS COMMANDS

Branch Dental Clinic Sasebo.. : 252-3747
 Branch Medical Clinic Sasebo. : 252-2550
 Commander Logistics WESTPAC.. : 252-3224
 Central Texas College..... : 252-3730
 Defense Commissary Agency.... : 252-3675
 Defense Printing Service Det. : 252-3955
 DODDS EJ King..... : 252-3600
 DODDS JN Darby..... : 252-8800
 DRMO..... : 252-3685
 Far East Network (FEN/AFPBS). : 252-3869
 FLTIMAGFACPAC..... : 252-3559
 Mobile Technical Unit 7 Det.. : 252-3524
 Navy Campus : 252-3511
 Naval Criminal Invstgtve Svc. : 252-3621
 Navy Exchange Detachment..... : 252-3454
 NAVPACMETOC..... : 252-3825
 Officer in Charge of Constr.. : 252-3452

Personnel Support Activity .. : 252-3470

Ship Repair Facility Det..... : 252-3210

University Of Maryland..... : 252-3299

Veterinarian Services (USA).. : 252-3449

Transportation

EFFECTIVE 01 OCT 03

BASE SHUTTLE BUS SCHEDULE

Stop Location	1	2	3	4
1.Main Gate	0700	1100	1200	1630
2.Public Works	0701	1101	1201	1631
3.BEH (Bldg.151)	0702	1102	1202	1632
4.BEH (Bldg.PW63)	0703	1103	1203	1633
5.Base Galley	0704	1104	1204	1634
6.Admin / BOQ	0706	1106	1206	1636
7.HRO Office (Bldg.PW47)	0707	1107	1207	1637
8.Fleet Landing	0709	1109	1209	1639
9.Galaxies (Bldg.1649)	0710	1110	1210	1640
10.SRF Office (Bldg.141)	0711	1111	1211	1641
11.India Basin 8 / 9	0712	1112	1212	1642
12.PSD / McDonald s	0713	1113	1213	1643
13.Base Housing	0719	1119	1219	1649
14.E.J.KING	0720	1120	1220	1650
15.Main Gate	0725	1125	1225	1655
16.* India Basin 1 / 2	0731	1131	1231	1701
17.* Dry Dock 2	0737	1137	1237	1707
18.* Akasaki Gate	0743	1143	1243	1713
19.* Back Gate	0752	1152	1252	1722
20.* Main Gate	1725			

* Only when ships are in-port.

NOTES:

1. Shuttle bus runs Monday through Friday excluding holidays.
2. The base shuttle bus operates to provide transportation to military and DoD personnel conducting official government business between work area's, office space and troop billets.
3. Space available transportation will be provided on existing routes to the following categories of passengers.

- a. Off-duty military and DoD personnel
- b. Reserve and National Guard members
- c. Family members of active duty personnel
- d. Retirees
- e. Base Volunteers
- f. Visitors to the base

4. The shuttle bus route is 1 hour in duration; the bus will make every effort to stay on time, but due to changes in traffic conditions throughout the day, the time could be slightly fluctuate.

5. Please do not ask the driver to make extra stops or to wait while you conduct business. He is not authorized to do so.

6. For more information, contact PWD Transportation at 252-2645/2256.

KING TAXI

Location..... :
 Telephone..... : 24-4136
 Hours..... :
 Comments..... :

King is not the only taxi company allowed on-base, but they do have English speaking dispatchers. Taxis in Japan are convenient but expensive. Only use the rear passenger door and don't try to open door yourself to get in or out - the driver has a handle by his seat that automatically opens the door. Also, don't try to sit in the front seat unless the back is already full. Only yen is accepted and a surcharge is added after 2200. Tipping is not necessary nor expected.

Commissary and Exchange Operations

COMMISSARY (Main Base)

Telephone..... : 252-3675/3760
 Hours..... : Mon - Tues 1100 - 1800
 Wed Closed
 Thurs - Fri 1100 - 1800
 Sat - Sun 1000 - 1800

The commissary stocks more than 3,000 different grocery items, including produce and meat. The prices on most items in the store are lower than off-base grocery stores, but prices of fruits and vegetables may be higher. If you have any special dietary food requirements, contact the commissary for possible stocking or special ordering of the necessary items. However, please ensure that you can support yourself with these items for at least six months after your arrival. Manufacturer's coupons may be used at the Commissary (Main Base & Hario

Village) in Sasebo for up to six months after the expiration date.

COMMISSARY (Hario Village)

Telephone..... : 252-8758/8954
 Hours..... : Mon - Tues Closed
 Wed - Fri 1100 - 1800
 Sat - Sun 1000 - 1700

The Hario Village Commissary is about twice the size of the Main Base Commissary with 6800 line items carried.

NEX HOME STORE (Hario Village)

Telephone..... : 252-8850
 Hours..... : Mon - Fri 1100 - 2000
 Sat - Sun 0900 - 2000

Comments..... :

The Hario Home Store, located in Bldg. 5118, features beverages, snacks, basic houseware items, tobacco, stationery products, greeting cards and a limited amount of outdoor & pet supplies. Services include film developing, gift wrapping, laundry/dry cleaning, balloons & flowers, NEX video and barber/beautyshop.

MINI MART (Main Base)

Telephone..... : 252-3580
 Hours..... : Daily 0730-2100
 Comments..... :

The Mini Mart Bldg 108 carries a wide assortment of health & beauty supplies, magazines, books, stationery, tobacco, snacks and candy in addition to soda and alcoholic beverages.

MAIN STORE (Main Base)

Telephone..... : 252-3510/3566
 Hours..... : Sun - Tue 1000 - 1800
 Wed - Sat 1000 - 1900

Comments..... :

The Main Store features clothing & accessories, shoes, infant supplies (strollers, car seats, blanket sets, diaper pails, etc.), jewelry, fragrances, and Navy Pride. A customer service counter and cashier window are located here. The cashier window handles the purchase of student meal tickets, as well as NEXCARD and off-base rent and utility payments.

Please remember when you accept an overseas assignment you do not have access to all of the luxuries of stateside living. IF YOU HAVE SPECIAL OR FAVORITE ITEMS THAT YOU

DON'T WANT TO DO WITHOUT, MAKE SURE THAT YOU STOCK UP BEFORE YOU ARRIVE. You can also purchase many items through catalogs. Please refer to the "shopping" and "must know items" section for further details.

FLEET EXCHANGE (Main Base)
Telephone..... : 252-3544
Hours..... : Sun - Tue 1000 - 1800
 Wed - Sat 1000 - 1900
Comments..... :

The Fleet Exchange is your one-stop shopping facility for furniture, domestics, electronics, computers & accessories, audio/video, cameras, greeting cards, books & magazines and giftware. A customer service counter is available for special orders in Furniture Gallery showroom. Personalized Services offers NEX Photo Express, fresh flowers, Teleflora , gift wrapping, ballons, engraving, embossing, embroidery, key duplicating, electronic/watch/jewelry repair, optical service and Western Union electronic money transfer services.

FOUR SEASONS (MAIN BASE)
Telephone..... : 252-3682
Hours..... : Sun - Tue 1000 - 1800
 Wed - Sat 1000 - 1900
Comments..... :

The Four Seasons store (Bldg 313) offers toys, bicycles, garden supplies, sporting goods, pet supplies, seasonal merchandise, live flowers & plants and outdoor items such as BBQ grill, camping equipment, lawn/patio furniture and luggage.

UNIFORM CENTER (MAIN BASE)
Telephone..... : 252-3545
Hours..... : Mon - Sat 1000 - 1800
Comments..... :

Located behind the Fleet Exchange, the NEX Uniform Center offers uniforms to support the local command mission. Additional uniform items may be ordered directly from the Navy Uniform Support Center using the toll-free number available from the NEX Uniform Center. The Tailor Shop is located here.

NEX VIDEO (MAIN BASE)
Telephone..... : 252-3571
Hours..... : Mon - Sat 1000 - 1900
 Sun 1000 - 1800
Comments..... :

Located across the street from the Bayside Food Court, this ultra-modern facility offers approximately 6,000 titles; 8 - 10 new releases received every month.

NEX CAR RENTAL
Telephone..... : 252-3576
Hours..... : Mon 0700 - 1700
 Tue - Fri 0900 - 1700
 Sat - Sun 0700 - 1300
Comments..... :

A SOFA-issued driver's license, USFJ Form 4, is required. All SOFA-sponsored personnel age 22 or over, with proper driver's license, are entitled to rent automobiles, regardless of rank or grade. International driver's licenses are not acceptable for vehicle rental. Use of rental cars for long distance driving on the expressways is an excellent deal, as NEX supplies you with free toll tickets. This alone can easily pay for the rental costs.

NEX GAS STATION AND GARAGE (Main Base)
Telephone..... : 252-3344/3607
Hours..... : Daily 0700 - 1900
 (Gas Station Only)
Comments..... :

The NEX gas station and garage offer self-serve gas pumps, a full service car wash, inspection services for Japanese Compulsory Insurance (JCI), propane for gas grills, repair services and various automotive items.

NEX GAS STATION/MINI MART (Hario Village)
Telephone..... : 252-8856
Hours..... : Mon-Fri 0630 - 1200
 1900 - 2100
 Sat-Sun 0900 - 1430
Comments..... :

The Hario Village NEX gas station offers full service gas pumps, and limited convenience store items.

DRY CLEANERS (Main Base)
Telephone..... : 252-3789
Hours..... : Mon-Fri 1830 - 1730
 Sat 1900 - 1530
 Closed for lunch from 1300 - 1330
Comments..... :

They clean rugs and futons and will pick up and deliver for a nominal charge. They do not clean suede and leather items, and certain formal wear items. The dry cleaners at Hario Village is located

inside of the NEX Mart in Personalized Services. At Hario Village there is no pick up or delivery.

BARBER SHOP (Main Base)

Telephone..... : 252-3856

Hours..... : Mon-Fri 0800 - 1830
Sat-Sun 0900 - 1700

Comments..... :

BEAUTY SHOP (Main Base)

Telephone..... : 252-3856

Hours..... : Tues-Sun 1000 - 1730

Comments..... :

BEAUTY SHOP/BARBER SHOP (Hario Village)

Telephone..... : 252-8854

Hours..... : Various/Appointment Only

Comments..... :

PACK AND WRAP (Main Base)

Telephone..... : 252-3342

Hours..... : Tues-Sat 1000 - 1700

Comments..... :

JENS CORPORATION

Telephone.....: 252-2485/2486

Hours.....: Mon-Sun 1000-2100

Provides Internet Access services, AT&T phone cards, Faxing and Scanning services.

NAVY LODGE (MAIN BASE)

Telephone..... : 252-3601/3660/3608

Hours..... : Open 24 hours daily

Comments..... :

There is a two-story facility which offers 24 rooms and a 24 hour mini mart. A connecting three story facility offers another 32 rooms.

BAYSIDE FOOD COURT (MAIN BASE)

Telephone..... : 252-3476

Hours..... : Sun - Thu 0630 - 2100
Fri - Sat 0630 - 2200

The Bayside provides an attractive, family-oriented atmosphere for your dining pleasure. Food outlets

include Anthony's Pizza, Robin Hood, Baskin Robbins, Dunkin Donuts, Special T's, Chop Stix, Chicken Loft and NEX Bakery. The Bayside accepts dollars and yen.

Local Community

Local Community Overview

Sayonara America... Watch out Japan, here you come! We welcome you to Sasebo, Japan. It's not "fast paced" Tokyo or "beach resort" Okinawa. It is "laid back" Sasebo, a beautiful mountainous country side waiting for you to explore. Sasebo is located on the western side of Kyushu, the southern-most island of mainland Japan (not including Okinawa).

The Japanese people welcome you with friendly smiles. Because Sasebo (like the rest of Japan) is densely populated, personal space is not a priority. The homes are built very close together and creatively occupy land space (some are even on the sides of the mountains). The driving lanes are narrow and cars generally small. If someone bumps into you and does not say "excuse me," it means no offense. Japanese people are use to walking fast and in crowds, and there are always crowds even in Sasebo. This is just part of the local custom.

The rest of Japan considers Sasebo to be a rural city although the traffic is dense and the population is approximately 250,000. There are many rice fields and farming communities just outside the city. Even though the night life may be considered slow for some, there is plenty for you to do if you are adventurous.

Sushi is plentiful, but you do not have to like raw fish to enjoy Japan. Dietary staples include rice, noodles, fish, and soup. After exploring a little bit, you will find a number of restaurants that you can thoroughly enjoy. Many restaurants even serve steak and potatoes or pizza with a Japanese twist.

Time Zone Chart

When it's 12:00 noon Monday in Sasebo, it is:

Time Zone Chart

<i>Location</i>	<i>Adjustment for GMT</i>
Pacific	-8
Mountain	-7
Central	-6
Eastern	-5
Greenwich (United Kingdom)	0
Central European (Germany)	1
East Asia (Japan)	9

Climate

Climate..... :

Similar to but slightly milder than South Carolina. The rainy season usually starts the first week of June and lasts until mid-July. The summer is noted for its heat and humidity. Typhoons are the hurricanes of Japan. The typhoon season spans from June through

October. Occasional light snowfall and brief periods of freezing may be experienced from December to March.

Temperature Range..... : 30-95 degrees F.

Rainy Season sometimes is longer than Predicted. Summer are very hot and humid.

Climate

<i>Month</i>	<i>High</i>	<i>Low</i>	<i>Humidity</i>	<i>Precipitation</i>
January	66	21	76	3.08
February	70	21	78	3.77
March	73	28	80	5.62
April	82	34	82	7.21
May	88	43	84	7.38
June	91	50	88	13.95
July	97	50	88	12.51
August	100	64	86	8.13
September	97	50	86	8.64
October	86	43	81	3.76
November	79	30	79	3.29
December	70	27	78	2.54

Events Calendar

There are many Japanese holidays and celebrations. The people in the local community encourage visitors to observe and sometimes participate in the festivals. Local cultural experiences can truly enhance your stay in Japan.

NEW YEAR'S DAY Comments..... :

The Japanese people celebrate the beginning of the New Year (January 1st) with ceremonies at the shrines. This is the biggest holiday in Japan. A visit to a shrine is a sight not to be missed. A one hour fireworks show at Huis Ten Busch is also visible from Hario Village.

GOLDEN WEEK Location..... : Arita-Hasami area Date(s)..... : April 29 - May 5 Comments..... :

This collection of Japanese holidays is marked by large fair-type sales in the chinaware towns nearby. People from all over Japan travel to this area to purchase the area's porcelain and ceramic products.

ORIENTAL BAZAARS Location..... : Main Base Dates..... : Spring and Fall Comments..... :

The bazaar provides added opportunities for all SOFA sponsored individuals to shop for all types of oriental gifts and furnishings from the Far East including jewelry, carpets, antiques, furniture, rugs, china, gift items and more.

SASEBO FIREWORKS FESTIVAL
 Location..... : Sasebo Harbor
 Date..... : last Saturday in July
 Comments..... :

This large display of fireworks celebrates the founding of the City of Sasebo.

SAIKAI-AMERICAN FESTIVAL
 Location..... : Nimitz Park
 Telephone..... : 252-3472/3434
 Date(s)..... : first weekend in August
 Comments..... :

This festival is a joint effort of the American and Japanese communities for a weekend of fun and friendship. Sporting events, food, and entertainment are topped off with a fireworks display on Sunday evening.

OBON FESTIVAL Location..... :
 Throughout Japan Date(s)..... : August 13-15 (In Sasebo) Comments..... :

Thought to be the day on which the souls of people's ancestors return to this world. There is a parade with floats, dancing, and lanterns that are floated down the Sasebo River.

OKUNCHI FESTIVAL Location..... :
 Sasebo city (the main street) Date..... :
 November 1-3 Comments..... :

This is a city-wide celebration of the rice harvest. There are motorized float parades down the main street of Sasebo, as well as a walking parade which goes through the shopping arcade with pauses along the way for various events.

Cultural Attractions

NAGASAKI CITY Proximity..... : Two hours south of Sasebo Comments..... :

Easily reached by train, bus, or car, Nagasaki's points of interest include the site of the second atomic bomb explosion over Japan with its related attraction of the Peace Park and the Atomic Bomb Museum, the site of the Martyrdom of the 26 saints of Japan, Sofukuji Temple, Spectacles Bridge, China Town, Glover Garden, and a Confucius Shrine.

HIRADO CITY Proximity to site..... : One hour north of Sasebo Comments..... :

A quiet, beautiful, port town with points of interest including the Hirado Castle, the Dutch Bridge, the Dutch Wall, the Tomb of William Adams, Hirado Kanko Museum, Hirado Catholic Church, and Saikyooji Temple Museum.

FUKUOKA CITY Proximity..... : Two hours northeast of Sasebo Comments..... :

Points of interest are Tenjin Cho (a large shopping area including various types of restaurants and clubs), Dazaifu Shrine, and the Fukuoka Dome (for large concerts and athletic events). The annual Sumo Tournament is held in November and for the baseball enthusiast, there is Japanese Pro Baseball.

SHIMABARA CITY/MT. UZEN Proximity to site..... : Two and a half hours south of Sasebo Comments..... :

The Shimabara Peninsula is the site of Mt. Unzen, one of Kyushu's three active volcanos and a national park. Points of interest also include the Shimabara Castle and other places having to do with the Christian history of the area, Nirvana Statue (a statue of Buddha), and Obama and Unzen hot spring areas.

HUIS TEN BOSCH Proximity to site..... : 25 minutes south of Main Base Comments..... :

Built as a multi-billion yen theme park, it is a reconstruction of a Dutch town with typical windmills and landscaping. The park is in remembrance of the Dutch traders and their impact on the history of Kyushu. The amusement area offers beautiful gardens, restaurants, boat rides and souvenir and delicacy shopping.

There is also a similar area approximately an hour away from Main Base known as Holland Village. This is a theme park very similar to Huis Ten Bosch, but much smaller.

KASHIIMEA PIER/ 99 ISLANDS
 Location..... : 10 minutes
 Comments..... :

This is 246 square kilometers of beautiful blue sea and islands, designated as a national park, which can be enjoyed on a 50-minute sightseeing cruise. On the pier side you will find a quaint water-side shopping area with restaurants and a museum.

MARITIME DEFENSE HISTORY MUSEUM
Location..... : Outside front gate
Comments..... :

This museum is a monument to Sasebo's long history of being an Imperial Navy Base town.

BUDOOKAN Proximity to site..... : 15 min walking and 5 minutes driving
Comments..... :

This large gymnasium is a martial arts hall and is the site of competitions, meets, and qualifying matches. Across the street is a Japanese Archery school. Observers are welcome.

CHINA MAKING AREAS Location..... : one hour southeast of Sasebo
Comments..... :

Near Sasebo is the heart of Japan's china industry. Hundreds of kilns are scattered throughout the towns of Mikawachi, Arita, Imari, and Hasami. People from all over Japan come here to purchase various pieces of porcelain and ceramics and there are festivals and fairs throughout the year.

JAPANESE SPAS AND HOTSPRINGS
Location..... : Sasebo and throughout Japan
Comments..... :

A Japanese bath spa is an excellent place to visit to unwind and completely relax. They have jacuzzis, mineral and salt baths, saunas, movie rooms, masseur, masseuse, lounges with recliners and big screen TV's, snack bars, restaurants, and game rooms. They are relatively inexpensive and most are open 24 hours.

Hot springs are natural outdoor baths that are scattered throughout the country.

Recreation Opportunities

SHIRAHAMA BEACH AND CAMPGROUND
Proximity to base..... : 25 minutes
Comments..... :

This area is open during the summer months and is frequented by many visitors from the base. MWR offers a free seasonal shuttle.

ISHIDAKE ZOOLOGICAL AND BOTANICAL GARDENS
Proximity to base..... : 10 minutes
Comments..... :

80,000 square meters abound with beautiful flora and a plaza.

MT. EBOSHI Proximity to base..... : 20 minutes
Comments..... :

Located on top of the highest mountain in Sasebo. Activities include picnicking, hiking, grass skiing, and camping.

RAINBOW PINE GROVE Location..... : Karatsu, Japan
Proximity to base..... : 1.5 hours northeast
Comments..... :

This beach, on Karatsu Bay on the northern shore of Kyushu, is a good spot for bathing, picnicking, jetskiing, and wind surfing.

RYUTOSEN WATERFALLS Proximity to base..... : 1.5 hours south
Comments..... :

This area located in the mountains is popular for picnics and hiking.

IWAKUNI MCAS Location..... : Island of Honshu
Proximity to base..... : 4.5 hours by car
Comments..... :

Iwakuni makes a nice "get away" weekend and provides an opportunity to see some beautiful sites while enjoying the comforts of a military installation. It is often possible to get on-base lodging and take advantage of the Pizza shop, indoor swimming pool, commissary and exchange shopping. Off base is the Iwakuni Castle and Kintai Bridge area. By train you can visit Hiroshima, site of the first atomic bomb explosion with its related Peace Park and Atomic Bomb Museum. Another popular site is Miyajima Island, known as one of the three best views in Japan, with temples, castles, ropeways, monkeys, deer and restaurants all within walking distance of the pier.

NEW SANNO HOTEL Location..... : Tokyo
Proximity to base..... : 8 hours bullet train or 1 1/2 hours plane
Address..... : U.S. Naval Joint Services Activity, The New Sanno APO AP 96337-0110.
DSN Switchboard..... : 229-8111 DSN
Reservations..... : 229-7121 Commercial
Phone..... : 011-81-03-3440-7871
Comments..... :

This Armed Forces recreation hotel is located in the heart of one of the largest cities in the world. The New Sanno ranks tops in the terms of quality lodging

and services at an economical price. Its facilities include restaurants, swimming pool, exercise room, pack and wrap, post office, game rooms, Navy Exchange, gift shops and more. Their travel desk provides excellent directions and information on Tokyo and its surrounding sites.

Military Related and Civic Organizations

The following private organizations are active in the Sasebo Area. Please contact the Staff Judge Advocate for points of contact.

Sasebo Black American Association * Boy Scouts/Cub Scouts * Chief Petty Officers Association * Filipino-American Association * Fleet Reserve Association * Girl Scouts USA * Sasebo Hispanic Heritage Association * NTCC Association * Officers Spouses Club * Officials Association * Operations Association * Parent Teachers Organization (JN Darby School) * Parent Teachers Organization (EJ King School) * Public Works Association * Thrifty Treasures * Wardroom Association * Military Police Association * Sasebo Supply Corps Association * USO* Sasebo Officials Association

Shopping

YONKA-CHO ARCADE (GINZA)
 Location..... : Downtown Sasebo
 Hours..... : approx. 1000-1900 Proximity
 to site..... : 10 minutes walk from gate Major
 Stores..... : Tamaya, Jusco, Nishizawa
 Comments..... :

Approximately one mile of department stores, specialty shops and restaurants along a covered pedestrian mall. Also within walking distance are the Morning Market (where fresh vegetables and fresh seafood are sold), and area Japanese grocery stores.

NORITAKE (CHINA FACTORY AND STORE)
 Proximity..... : 45 minutes drive

JAPANESE GROCERY STORES
 Comments..... :

Japanese grocery stores are similar to American grocery stores with aisles filled with plenty of food and household items (mainly Japanese brands and many popular American brands), fresh produce and meats. You will often find bakeries, flower shops and many interesting aromas immanating from various vendors making food for you to sample and purchase. The prices may be more expensive than the base commissary, but the quality is excellent.

State and Community Social Service Agencies

Off-base Social Service organizations are not directed towards the American military population. Offbase medical facilities are for emergency and child birth situations only. For on-base agencies, see Categories SUPPORT SERVICES and MEDICAL AND DENTAL.

Non-Profit Social Service Agencies

Name: NAVY/MARINE CORPS RELIEF SOCIETY
Address: Building PW47
DSN Phone: 252-3366
Comments: Hours: Mon-Fri 1000-1400 Wed Closed During non-working hours if an emergency arises please contact the CFAS Quarterdeck 252-3311.

Name: United Services Organization (USO)
Address: USO Sasebo
DSN Phone: 252 3873
DSN FAX: 252 3874
E-Mail: usoasjp@cfas.navy.mil
Proximity to site: Located within Installation
<p>Comments: United Service Organizations (USO) Sasebo is part of the world wide non-profit organization that serves military communities and members in over 120 locations.</p> <p>At Sasebo the USO operates two facilities. These facilities serve both the forward deployed sailors assigned to home ported ships as well as the local shore based community. The USO provides an important link to the local Japanese community through the voluntary efforts of a local USO Council. The USO provides a variety of services including Information and Referral, lounge and computer cafes, canteen and gift shop, communication assistance, homecoming support, cultural classes and other services as desired by the local community.</p> <p>The following are USO Sasebo locations, contact points and operating hours:</p> <p>USO Fleet Landing (Bldg 128) DSN 252 3873 Fax 252 3874 Admin hours - M-F 0900 to 1700 Lounge & Cyber caf - M-Sun 0900 to 2200 (hours may vary according to ship deployments and volunteer availability)</p> <p>USO Nimitz Park (Bldg 1622) DSN 252 3960 Restaurant hours - M-Sun 1100 - 2100 Cyber caf and counter - M-Sun 1100 - 2000</p>

Religious Activities

On Main Base, St. Patrick's Chapel offers services for Roman Catholic, Protestant, and Jewish congregations. In addition, there are single services, Women's Bible study, Youth services and the Coffee House. For more information about services, and services off base, contact the Chaplain's Office at 252-3380.

The new Hario Chapel offers Roman Catholic Mass, Protestant, Gospel, and Charismatic Pentecostal services. Women's Bible study and Youth services are also offered. For more information, call 252-8946.

Although Japan's primary religions are Buddhism and Shintoism, there are other congregations worshipping in the Sasebo area. Off base English speaking services are conducted for Beraka (32-6146), International Christian Assembly (25-1964), Lighthouse Baptist Church (33-9011) and Latter Day Saints (252-3791). Japanese services are conducted for Roman Catholic, Episcopal, Baptist, and 7th Day Adventists congregations.

See Category SUPPORT SERVICES, related subject Chapel Services and Programs.

Community Transportation

NAGASAKI AIRPORT Location..... :
Omura City Telephone..... : (0957) 52-6181
Proximity to site..... : 1.5 hours south
Comments..... :

Transportation between Sasebo and Nagasaki Airport is available by local bus and ferry.

FUKUOKA INTERNATIONAL AIRPORT
Location..... : Fukuoka City
Telephone..... : (092) 752-8800 Proximity
to site..... : 2 hours northeast
Comments..... :

Transportation between Sasebo and Fukuoka International Airport is available by bus, train or base shuttle. For directions, see FSC Information and Referral.

SASEBO TRAIN STATION Location..... :
Sasebo City Telephone..... : 22-7115/4208
Proximity to site..... : 30 minutes walk
Comments..... :

Taking the local train to Hakata Station in Fukuoka will allow you to access the Shinkansen, commonly referred to as the bullet train. The Shinkansen is the fastest train in the world with convenient, reliable, and comfortable accommodations. It is a very convenient way to travel throughout Japan. Contact MWR Travel and Tours for schedules and more information.

SASEBO CITY BUS Location..... :
Sasebo City Telephone..... : 25-5111
Proximity to site..... : 30 minutes walk

TAKING TAXIS IN JAPAN Telephone..... :
: (King Taxi-Main Base) 22-4136
Comments..... :

King is not the only taxi company allowed on-base, but they do have English speaking dispatchers. Taxis in Japan are convenient but expensive (a taxi from Hario Village to Main Base will cost about \$35 - \$45). Don't try to open the back door to get in or out - the driver has a handle by his seat that automatically opens the door. Also, don't try to sit in the front seat unless the back is already full. Only yen is accepted and a surcharge is added after 2200. Tipping is not necessary nor expected.

AIRLIFT MILITARY COMMAND (AMC) FLIGHTS DSN 252-2421

The closest terminal to Sasebo is at Fukuoka Airport. Flights are available to Yokota AFB (near Tokyo) on Mondays, Wednesdays, and Fridays. They are often already crowded with top priority travelers, so it is not easy to ride Space "A" from Fukuoka. The MEDIVAC flights on Mondays and Thursdays from Nagasaki Airport also have limited Space "A" to Iwakuni, Atsugi, Yokota and Misawa. Personnel desiring to use a Space "A" flight originating at Yokota can sign up by faxing a copy of leave papers to DSN 225-9768. Generally, commercial travel is used to travel throughout Japan or to other countries. The most reliable points of entry by AMC travel to Japan are Yokota Air Base or Kadena Air Base (in Okinawa) with continued commercial travel into Sasebo.

Education

Education Overview

Parents have the option of enrolling their children in Japanese schools in town, but this is done independently. Japanese schools may be costly and you need to understand Japanese or have someone able to translate your child's homework (Please see the following section entitled "Private Schools" for more details). Parents can also elect to do home schooling for their children.

Adult continuing education is provided through the Navy College Learning Center, Navy College Office, Central Texas College, Troy State and the University of Maryland. PACE is also available on many ships.

Public and DODDS Schools

Jack N. Darby and E. J. King schools are part of the Department of Defense Dependent School (DoDDS) System, providing an education program for the

dependents of U. S. military and civilian SOFA status personnel at Fleet Activities Sasebo.

Darby School services elementary students in grades Kindergarten through Sixth grade residing at Hario Village Housing Area and off base children residing south of the Pink Bridge train station. Darby school opened in August of 1988. Approximately 400 students are enrolled at Darby school.

King School houses students living at main base housing as well as students living in off base areas north of the Pink Bridge. All high school students (grades 7-12) attend King School regardless of where they live. King School moved to the present site in 1979 and until 1984 had an enrollment of less than 100 students after the base had undergone significant down sizing. With the arrival of new homeported ships since 1984, the base and King School has gradually increased in size until Darby school opened in 1988. King school now has approximately 600 students.

Combining the King and Darby populations, there are almost 1000 students now enrolled in DoDDS schools in the Sasebo area. Both schools have undergone a thorough evaluation of the school programs in the spring of 1995 and have received full accreditation from the North Central Association of Colleges and Schools, the largest accrediting agency in the United States. They are staffed with a full complement of regular classroom teachers and support personnel. Support personnel include a counselor, reading improvement specialist, special education teachers (learning impaired and communication impaired), English as a second language, compensatory education, and talented and gifted programs. Both schools have a full time librarian. Elementary students receive instruction from specialists in music, art and physical education. Both schools also employ Japanese teachers who provide a program in Japanese culture and a pre-school handicapped program. A hot lunch is provided in both schools' cafeterias by the Navy Exchange.

Darby School also offers a Sure Start ; program to pre school students from all housing areas. The Darby School facility (grades K-6), is a modern facility that currently houses 14 classrooms, a media center, cafeteria and a variety of specialist's rooms. There is an adequate playground with abundant space. It also has access to the base gym and the baseball field for physical education classes.

The King School program (grades K-12) is housed currently in five different buildings as a result of the

rapid growth experienced in the past few years. A new three-floor facility houses a new library, art room, home economics room, two science labs, a business lab, and a computer lab, as well as special service providers and an area for medically related services personnel from the base clinic, assisting pre-school and school age children with handicapping conditions.

High school (grades 7-12) students at King school number about 230 students with a current senior class of 23 (2001). The curriculum is basically college preparatory with some vocational training available in the business and home economics labs. The curriculum is comparable to standard stateside high schools without the extensive vocational programs of most large comprehensive high schools.

Many additional course offerings such as AP calculus, advanced computer programming, AP English, etc., not available in our current local master schedule, are available to our students through distance learning programs. Students communicate with other DoDDS instructors in England, Italy, and other overseas locations in DoDDS, via computer telecommunications and fax machines in courses monitored by local teachers.

Beginning with the class of 1997, 22 Carnegie credits are required for graduation in all DoDDS schools, to include: four units of language arts; three units of social studies (to include U. S. history and government); five units combined in math and science (two in one and three in the other); one credit each in career education, fine arts, and physical education; and one-half unit in health and computer science. The remaining six units are made up of electives.

Some of the colleges since 1994 to which King School students have been accepted, include: Arizona State University, Baylor University, University of Southern California, Texas A&M, Princeton University, Yale University, Coast Guard Academy, University of Iowa, Beloit College, Penn State University, Ohio State University, University of North Carolina at Charlotte, and the University of San Diego. While our student body is small and course offerings somewhat limited compared to larger high schools, our students have been successful in gaining entrance to a variety of respected and highly selective colleges. Our counseling department provides extensive college counseling to high school students.

Numerous sports and other extra curricular activities are available to high school students. King school students participate and compete with other DoDDS and international schools in the Pacific area (Japan, Korea, Okinawa) in such activities as: basketball, volleyball, tennis, cross country (boys and girls for each sport), speech and drama, instrumental and choral music, United Nations convention, and Jr. Science and Humanities Symposium. These events are held in Seoul, Korea, Osaka, Kobe, Iwakuni, Tokyo, and Okinawa. Students travel at DoDDS expense.

The Sasebo DoDDS schools employ a number of locally hired members of the Sasebo community, in clerical, teacher aide and professional teaching positions. Applications are processed through the school offices. A close working relationship of mutual support exists between the Sasebo DoDDS schools and the Commander, Fleet Activities Sasebo.

School assignments K-6 are made based on quarters assignment. Students who live in main base housing will attend E. J. King Elementary School. Students who live on base at Hario Village will attend J. N. Darby School. All students in grades 7 - 12 will attend E.J. King High School. School buses are available for those living off base. Check with the Housing Office for bus routes.

Kindergarten students must be 5 years old by 31 October 2001. First grade students must be 6 years old by 31 October 2001. Age must be documented by passport or birth certificate.

Registration requirements for new students are as follows: 1. A DoDDS package, which must be signed by the SPONSOR (no Power of Attorney signatures) 2. A copy of current orders 3. A copy of Dependent Entry Approval 4. A copy of child's birth certificate or passport 5. All hand-carried school records, if available 6. Validated immunization record.

Class sizes vary and the regular teaching staff is complemented with specialists in physical education, music, art, special education, speech, pre-school handicapped, reading, compensatory education, TAG, English as a Second Language, and Japanese culture/language.

The schools are fully accredited by the North Central Association of Colleges and Schools.

The lunch program at both schools is run by the Navy Exchange at a cost of \$1.95 per day for elementary

school lunches and \$2.25 per day for high school students. There is information available for the Free and Reduced Lunch Program.

E. J. KING SCHOOL

Location..... : Building 1425
Address..... : PSC 476 Box 9, FPO AP 96322
Telephone..... : 252-3600 (FAX 252-3553)
Comments..... :

Ernest J. King Elementary/High School is located on main base with a student body of approximately 600 enrolled in Kindergarten through 12th grade. Many extra curricular activities are offered including, student council, National Honor Society, drama, yearbook, band, media, Interact (Host Nation), newspaper and computer clubs. There are athletic programs available including tennis, cross country, basketball, volleyball, cheerleading, wrestling and softball. Parents of children in grades 7 - 12 must do bus monitor duty. Check with the school for details.

Students in grades 10 - 12 will also have opportunities for Pacific-wide competition in the areas of humanities and science. Some of these competitions included the Junior Science and Humanities Symposium, Speech/Arts Festival, Computer Competitions, Foreign Language Festival, and Leadership Training.

J. N. DARBY SCHOOL

Location..... : Building 5114
Address..... : PSC 485 Box 99, FPO AP 96321
Telephone..... : 252-8800
Comments..... :

Jack N. Darby Elementary School is located in Hario Village with a student body of approximately 400 enrolled in Pre-kindergarten through 6th grade.

The pre-kindergarten addresses pre-school children ages 35 years old in a developmental appropriate curriculum complying with federal mandates.

The Kindergarten curriculum classroom is experiential. It consists of the total range of social and academic experiences for the development of the young child.

Grades first through sixth continue to stress experiential learning and the teacher has the responsibility of organizing these experiences for the students in order to ensure that educational goals and objectives are met. Special subjects include language of the host nation/Japanese culture, art, music,

physical education, computer literacy, and library media instruction.

The school year is usually from the third week of August until the second week of June.

Private Schools

Parents have the option of enrolling their children in Japanese schools in town. These schools are known as Japanese Yochien. Parents will be responsible for all financial and transportation arrangements for Japanese schooling. You will need to have a knowledge of the Japanese language or have someone who can translate the various homework your child will have. To obtain more information, contact the Fleet and Family Support Center Information and Referral Specialist (DSN 252-3119).

Colleges and Universities

See Category ADULT OR CONTINUING EDUCATION for information concerning education opportunities available in Sasebo, Japan.

Adult or Continuing Education

Name: Central Texas College- Pacific Far East Campus
Address: Building 502 PSC 476 Box 52
City: 96322
Phone: 252-3730
FAX: 252-3279
<p>Comments:</p> <p>Hours: Mon-Fri 0900-1600</p> <p>Central Texas College is a public, two-year, open admissions, co-educational college that provides educational services to the central Texas area. The Pacific Far East Campus located here in Sasebo under an agreement with the Department of Defense, offers vocational programs including Associate in Applied Sciences, Law Enforcement, Office Management, Micro-Computer Technology Information Management and Criminal Justice.</p> <p>The college is a member of the Servicemen's Opportunities Colleges, which facilitates the transfer of credits from other institutions to the college's degree programs, and the transfer of credits earned at Central Texas College to other institutions. Students may also earn credit toward a degree from military training and through educational testing programs.</p>

Name: Navy College Education Center Building 502
Address: PSC 476 Box 53
City: Sasebo, Japan, FPO AP 96322
DSN Phone: 252-3511
DSN FAX: 252-3511
Comments: Hours: Mon-Fri 0730-1700 Navy College Education Center provides program management for the following services: professional educational and career planning counseling, official stocking DANTES test site capable of administering SAT, ACT, GED, GRE, GMAT, NTE, CLEP, DSST, ACT-PEP, on-Base college programs currently offered by Central Texas College, Troy State and the University of Maryland, tuition assistance program, basic skills, PACE for forward deployed afloat units, and assistance with enrollment in correspondence courses and/or non-traditional degree programs.

Name: Troy State University
Address: Building 502 PSC 476 Box 90
City: 96322
DSN Phone: 252-3574
Comments: Hours: Mon - Fri 1200- 1630 Troy State University offers on site a Master of Science in the Foundations of Education with a concentration in Educational Leadership. We offer six terms with additional classes available through Distant Education allowing you to complete the program within one year. Troy State also offers other Master programs through Distant Learning.

Name: University of Maryland - Asian Division (UMAD)
Address: Building 502 PSC 476 Box 89
City: 96322
DSN Phone: 252-3299
DSN FAX: 252-3279
Comments: Hours: Mon-Fri 0900-1300 The University of Maryland offers a five-term academic year. Throughout this academic year, students can take courses in all five general education areas--communications, social sciences, arts and humanities, mathematics and natural sciences. UMAD offers the opportunity to earn a certificate in Japanese Studies or Management, an Associate's degree in Japanese Studies, Business and Management or General Curriculum; or, a Bachelor's degree in Business, Management and Computer Studies. In addition to being a SOCNAV school, UMAD is accredited by the Commission on Higher Education of the Middle States Association of Colleges and Secondary Schools. Students can take courses with the intention of transferring their credits to other colleges and universities in the United States.

Special Education

MEDICALLY-RELATED SERVICES

Due to Sasebo's isolated location, please contact the school prior to your decision to accept orders to Sasebo if any of your children have special education needs.

EXCEPTIONAL FAMILY MEMBER PROGRAM

Location..... : 3rd Floor E.J.KING
SCHOOL Address..... : PSC 476, Box 25
FPO AP 96322 Telephone..... : 252-3888/3889 FAX 252-2340 Hours..... :
0730-1600 Comments..... :

If you are already enrolled in the Exceptional Family Member Program, potential problems should be discussed with your detailer and the overseas screening representative at your current duty station concerning the limited resources available prior to accepting orders for Sasebo. Detailers should be kept current of a service member's EFM status. Therefore, your family member's needs should be considered.

For additional information you can contact the National Information Center for Children and Youth with Handicaps. Address is as follows: PO Box 1492, Washington, DC 20010. Telephone: 800-999-5599.

Employment

Employment Overview

One of your first stops in the employment search should be at the Fleet and Family Support Center Spouse Employment office.

Be sure to plan in advance for your overseas job search. Bring with you copies of college transcripts, professional licenses, as well as letters of reference, and your resume. (Take it with you, do not put it in your pack out.) In addition, it is advisable to bring addresses, phone numbers, etc. for completing application forms or background checks. This information is often very difficult to gather once you have arrived.

WORK PROSPECTS AT FLEET ACTIVITIES SASEBO

Work opportunities are plentiful at Fleet Activities Sasebo, with over 60 jobs available at any given time along with countless volunteering opportunities. Employers and volunteer organizations actively compete to attract you and make good use of your skills and talents, while giving you the satisfaction of meaningful work.

There are over 180 civil service positions managed through the Human Resource Office. These are very popular because of the portability and benefits offered with the jobs. Navy Exchange employment is becoming more competitive, providing a recently published pamphlet entitled, 10 Reasons Why The Navy Exchange System Should Be Your Career Choice . They now focus on long-term employment and options for making your career portable as you PCS. The Sasebo NEX employs an average of 90 individuals. MWR publishes a weekly Job Opportunities bulletin and spotlights key and critical positions in their Showcase Magazine and other publications. MWR is the biggest employer on base, with over 500 employees on their payroll.

If you are in the job market, you will undoubtedly hear good points and bad points about any advertised position. Have you heard of the saying When opportunity knocks .. ? When it does, make sure to weigh the pros and cons, but do it quickly! Job

opportunities come and GO very quickly in Sasebo, with an emphasis on the word GO.

There are great opportunities here to learn new skills and to diversify your work experience. You can find a rewarding job that s perfect for you.

GOOD PROSPECTS.....:

Navy Exchange (in retail and food service), MWR (customer service, recreational aids, and food service), and DoDDS substitute teaching. One of the main sources of employment is self-employment and home based businesses including teaching English to Japanese people, child care, cleaning services, selling crafts, baked goods, and manicures.

FAIR PROSPECTS..... :

Professional positions are "hit or miss" depending upon your timing, level of education/experience and chosen profession. Teller positions for people with prior experience. The availability of civil service positions varies. Clerical positions are fair but highly competitive.

POOR PROSPECTS..... :

Entry level clerical and administrative positions. Entry level positions for college graduates. High level management positions. Positions with Japanese companies for non-Japanese speakers and modeling.

There are also a number of career-enhancing opportunities through volunteering.

Federal Civilian Employment for Spouses

HUMAN RESOURCES OFFICE (HRO)
Location..... : Building 47
Address..... : PSC 476 Box 54, FPO AP 96322
Telephone..... : 252-3837/3428
Hours..... : Mon-Fri 1000-1500
Comments..... :

HRO can advise you on the military spouse preference program and how it is utilized.

SPOUSE EMPLOYMENT OFFICE (SEAP)
Location..... : Building 310
Address..... : PSC 476 BOX 62,FPO AP 96322-1114
Telephone..... : 252-3105/3604
Hours..... : Mon-Fri 0730-1630

Permanent Employment Resources

SPOUSE EMPLOYMENT ASSISTANCE
PROGRAM Location..... : Building 310
Address..... : PSC 476 Box 62, FPO AP
96322 Telephone..... : 252-3105/3604
Hours..... : Mon-Fri 0730-1630
Comments..... :

Find current listings of employment, educational and volunteering opportunities as well as assistance in preparing applications and resumes through one-on-one counseling, workshops, computer programs and library materials. Workshops on Teaching English to the Japanese and how to start a home business are just two of the classes offered.

Temporary Employment Resources

MWR and NEX has various seasonal employment opportunities.

Non-Paid or Volunteer Opportunities

Many departments on base depend on the help of volunteers. For a current listing of places and Points of Contact stop by the Spouse Employment Assistant Program at the Fleet and Family Support Center, Building 310 1st Floor.

Chambers of Commerce

AMERICAN CHAMBER OF COMMERCE IN JAPAN

Telephone..... : (Commercial from the U.S.)
011-81-9889-8935-2684

Private Sector Employment

Name: CENTRAL TEXAS COLLEGE
Address: Building 502 PSC 476 Box 52
City: 96322
DSN Phone: 252-3730
Comments: Hours: 0900-1500 Central Texas College is always in need of instructors in the academic and vocational areas.

Name: COMMUNITY BANK
Address: Building 154 PSC 476 Box 50
City: 96322
DSN Phone: 252-3963
Comments: Hours: Mon-Thurs 0900-1500 Fri and paydays 0900-1700 Applications may be picked-up at Community Bank. Teller positions are offered.

Name: JENS CORPORATION
Address: 330
DSN Phone: 252-2485/2486
DSN FAX: 252-2487
Comments: HOURS: Sun - Thu 0900-2100 Fri - Sat 0900-2200 JENS access allows you to shop on-line, surf the net, pursue educational goals, chat with friends on e-mail and create a personal web page. Other services include faxing, copying, printing and scanning.

Name: NAVY FEDERAL CREDIT UNION (NFCU)
Address: Building 154 PSC 476 Box 51
City: 96322
DSN Phone: 252-3617
Comments: Hours: Mon-Fri 0900-1630 Paydays 0900-1700 Applications may be picked-up at NFCU. Teller positions are offered.

Name: TROY STATE
Address: PSC 476 Box 90
City: 96322
DSN Phone: 252- 3574
Comments: Hours: Mon - Fri 1200 - 1630 Troy State University offers on site a Master of Science in the Foundations of Education with a concentration in Educational Leadership. We offer six terms with additional classes available through Distant Education allowing you to complete the program within one year. Troy State also offers other Master programs through Distant Learning.

Name: UNIVERSITY OF MARYLAND - ASIAN DIVISION
Address: Building 310 PSC 476 Box 89
City: 96322
DSN Phone: 252-3299
Comments: Hours: 0900-1300 UMAD is always in need of instructors in the academic and vocational areas. You need a master's degree in the discipline you desire to teach and prior teaching experience. The application is available from UMAD and must include official transcripts.

Government Employment

CIVIL SERVICE POSITIONS(HRO)

Location..... : Building 47
Address..... : PSC 476 Box 54, FPO AP
96322 Telephone..... : 252-3837/3428
Hours..... : Mon-Fri 1000-1500
Comments..... :

Source of information for General Schedule (GS) positions on base. These positions are limited.

MWR NON - APPROPRIATED FUNDS(NAF)

Location..... : Building 502
Address..... : PSC 476 Box 5, FPO AP
96322 Telephone..... : 252-3328
Hours..... : Mon-Fri 0900-1630
Comments..... :

Non-appropriated fund positions include a variety of jobs such as cashiers, recreation aids, child development program assistants, cooks, bartenders and clerk-typists.

NAVY EXCHANGE

Location..... : Building 108
Address..... : Navy Resale Activity Det.
Sasebo,
PSC 476 Box 30
FPO AP 96322
Telephone..... : 252-3520
Hours..... : Mon-Fri 0800-1630
Comments..... :

Positions available include sales checkers, cashiers, clerk-typists, customer service and related retail positions.

E. J. KING SCHOOL AND J. N. DARBY SCHOOL
Location..... : Building 1425

Address..... : PSC 476 Box 9, FPO AP
96322 Telephone..... : 252-3600
Hours..... : Mon-Fri 0700-1600
Comments..... :

Substitute teachers and educational aide positions are available though mostly on a temporary basis through Department of Defense Dependents' Schools (DODDS). Application procedures are the same for both schools. Original must be submitted to DODDS Headquarters with a copy to the school(s). College transcripts are needed for proof of 15 college credits. Must be a U.S. citizen and SOFA sponsored. Teaching positions may be available.

Professional or Occupational Licensing

FAMILY HOME CARE PROVIDER PROGRAM

Location..... : Child Development Center (CDC)
Address..... : PSC 476 Box 5, FPO AP
96322 Telephone..... : 252-2985
Comments..... :

To provide authorized child care services in government housing for more than 10 hours per week, the provider must be certified through the family child care certification class. FHC providers attend 30 hours of training and have their homes inspected monthly. They care for children in a home like environment with mixed ages of children and can often meet special needs of later hours, weekend hours, and last minute care. Parents can obtain referrals for certified homes with openings by calling the FHC office.

If you are interested in becoming a FHC provider, you must be at least 21 years of age and live in base housing. The family home care program will provide training in CPR, first-aid, food handling and sanitation, and child development prior to licensing.

HOME BUSINESS POC..... : Spouse
Employment Assistance Program (SEAP)
Location..... : Building 310
Address..... : PSC 476 Box 62, FPO AP
96322 Telephone..... : 252-3105/3604
Hours..... : Mon-Fri 0730-1630
Comments..... :

Home based businesses are permitted on and off base. You must request approval prior to starting your home business (this does not include Teaching English in Japan). Job specific licensing (such as a beautician's license) may be from any state. There are strict rules on "cottage industries." Some customs

or trade restrictions may apply for certain businesses. Contact SJA or SEAP for further details.

TEACHING ENGLISH IN JAPAN

Comments..... :

Teaching English in Japan is considered private employment and can be very rewarding both financially and culturally. You do not need permission from the CFAS Staff Judge Advocate to teach. Interested persons usually get started by referral and research. You can get teaching English tips from the Spouse Employment Assistance Program (SEAP). SEAP offers a class on Teaching English in Japan monthly.

Networking Opportunities

See related subject Non-Paid or Volunteer Opportunities. Check In at the Family Service Center Volunteer Coordinator.

Medical And Dental

Medical and Dental Overview

Sasebo has a BRANCH MEDICAL CLINIC available for OUTPATIENT CARE ONLY.

Patients requiring hospitalization or specialized care are referred to

Japanese hospitals or MEDEVAC'ed to a larger military facility for care.

Specialists periodically visit Sasebo for local patient consultation.

Health care should be a prime consideration during overseas screening

because of the limited care available through the Clinic. It is

strongly suggested that you take care of immediate medical needs and

update medical records prior to departing for Sasebo, Japan.

PRESCRIPTION EYE GLASSES AND CONTACT LENSES

Have your eyes checked before arriving in Japan and make sure your eye

glasses and contact lenses have current prescriptions.

If you wear

contact lenses, bring an extra pair. Personalized Services provides a

prescription eye glass service in association with a downtown Sasebo

optical shop. Frames are limited. NOTE: There are no on-base

facilities for contact lenses and they are considerably more expensive

to purchase in Japan. Specialists visit only periodically.

PREGNANCY

Pregnant women may elect to be sent to Yokosuka Naval Hospital for delivery

or they may choose to have their baby in a Japanese hospital local to Sasebo.

If you go to Yokosuka, you will be MEDEVAC'ed 2 to 4 weeks before your

delivery date, and will be billeted in the "Stork's Nest" at USNH Yokosuka.

Although medical care differs, many women choose to deliver in Japanese

hospitals. The Tricare Office has more information.

DOD civilians are charged according to the services provided at on-base

medical and dental facilities.

Medical Services/Directory - on Installation

BRANCH MEDICAL CLINIC SASEBO:

The Branch Medical Clinic Sasebo is located on the Fleet Activities Sasebo Naval Base. It is a Family Practice clinic, with very limited availability for specialty care. There is also a clinic Annex in the Hario Village Housing area, approximately 20 minutes from main base. Although neither clinic has an Emergency Room or on-board physician after hours, 24-hour ambulance coverage is provided from both clinics (Main Base & Hario) to civilian (Japanese) hospitals.

Emergency.....: 911 (On Base); 23-9911 (Off Base); 0956-23-9911 (By cell phone).

Telephone.....: 252-2551 (Main Base); 252-8870 (Hario)

Location..... : Building 1529 (Main Base); Building 5139 (Hario)

Address..... : PSC 476, Box 25 FPO AP 96322-0025

Hours..... : Mon, Wed, Fri 0830-1130

..... : Tues, Thurs 0730 -1130

..... : Mon, Tues, Thurs, Fri 1230-1600

(closed Wed

afternoons for training).

Health Benefits Advisor, Wellness, and CHAMPUS/TRICARE Programs

TRICARE PRIME enrollment is available in Sasebo.

Community Hospitals

Japanese hospitals are used in emergency cases which are beyond the scope of the Branch Medical Clinic, or in maternity cases.

Dental Services/Directory - on Installation

Location..... : Building 1529

Emergency..... : 252-3791

Telephone..... : 252-3747

Hours..... : Mon-Fri 0730-1130 and 1300-1600

Comments..... :

Care provided includes oral diagnosis, operative dentistry (fillings), endodontics (root canals), oral surgery (extractions and biopsies), periodontics, pedodontics and preventive dentistry. Prosthodontic care (crowns, bridges and dentures) is limited due to heavy demand and work load.

U.S. Naval Dental Center Far East at Yokosuka provides an Orthodontist who visits every six weeks. ORTHODONTIC TREATMENT IN SASEBO IS LIMITED DUE TO RESTRICTED AVAILABILITY OF THE SPECIALIST FROM YOKOSUKA. An Oral Surgeon visits approximately once a quarter to take care of complex extraction cases.

Patients are MEDEVACed to Yokosuka for complex dental care that cannot be provided locally and that requires a specialist to treat.

Family Member Dental Plan

Personnel bringing their family to Sasebo should consider dis-enrolling from the Tricare Dental Program with few exceptions. The Branch Dental Clinic can provide for most of your dental needs. If you have a student remaining in CONUS, it is recommended that dental coverage be maintained, but to

reduce from family to single coverage.

Housing

Housing Overview

There are two on-base housing areas: Main Base and Hario Village. Main Base housing is located 10 minutes from the Main Base Gate and has 155 units. Hario Village is located 45 minutes from Main Base and has 488 units. The basic types of quarters are 3-4 bedroom townhouses, 2 bedroom quads, 2-3 bedroom highrise tower apartments, and a few old Japanese Imperial Navy homes (only on Main Base). See Category AT A GLANCE related subject Government Housing for unit breakdown summary.

Hario has many support services including an elementary school (pre school through sixth grade), child development center, recreational facilities, commissary, Chapel, Medical-Dental Clinic and Home Store. Approximately 66% of accompanied members live in base housing and the remainder live on the Japanese economy.

Accompanied personnel are placed on the housing list according to their date of detachment from their last permanent duty station. Currently, the waiting list is 622 months for military, 22 months for four-bedroom enlisted housing and 12-18 months for civilians. YOU SHOULD PLAN ON MOVING INTO OFF-BASE HOUSING INITIALLY.

On-base housing units are not carpeted (12 x 12 beige tiles) and most off-base housing is not either. You should either bring carpets in your HHG shipment or you can purchase them at the Navy Exchange (limited selection). Two to four carpets would be helpful. Size 9x12 would be good for a bedroom and 12x15 for the main living area.

For newly arriving families, temporary furniture, such as couches, armchairs, beds and tables, are available for use while your household goods are in transit. Arrangements for loaner furniture should be made at the Housing Office. Temporary furniture is authorized for only 90 days, then must be returned. The Fleet and Family Support Center (FFSC) provides linens, cooking equipment and dinner ware, strollers, infant seats, irons, ironing boards, and other things available to accompanied and unaccompanied personnel.

Unaccompanied personnel are provided washers and dryers only. Loaner furniture may be available in the

future. Shipboard personnel rated E5 and above may live off base E4 AND BELOW WITH AN APPROVED REQUEST CHIT.

The Housing Office provides lawn care equipment for check out for use in on and off-base housing. There are no storage places on-base for items that don't fit in your home so plan your HHG shipment accordingly.

Supplied electricity is 100 volts at 60 Hz. Most American telephones and answering machines work in on and off-base housing.

Housing Allowances

OHA RATES AND ASSOCIATED STATISTICS

LOCATION: SASEBO (NA) JTR AREA: JAO35

EXCHANGE RATE: Y 115 (Yen) = \$1 (US Dollar)
EFFECTIVE DATE: 16 Jul 2003

MOVING IN HOUSING ALLOWANCE (MIHA) -
INCLUDES RENTAL ACQUISITIONS,
SECURITY, AND MISCELLANEOUS EXPENSES

Housing Allowances

Housing allowance information is available from the Per Diem, Travel and Transportation Allowance Committee's Web Site:	
Rates and Allowances Home Page	http://www.dtic.mil/perdiem/rateinfo.html
Basic Allowance for Housing	http://www.dtic.mil/perdiem/bah.html
Overseas Housing Allowance	http://www.dtic.mil/perdiem/allooha.html

Government Housing

HOUSING	WELCOME	CENTER
Telephone.....	:	252-3402
Hours.....	: Mon-Fri	0900-1630
Comments.....	:	

On-base government quarters are built to American standards. Units include the following: American-sized washer/dryer, electric range, refrigerator and a dishwasher. Main Base and Hario Village provide air-conditioned quarters. See Category AT A GLANCE related subject Government Housing for waiting list summary.

Community Housing

Living on the Japanese economy is commonly referred to as "The cho", meaning neighborhood or district. The differences from American-style homes that you need to know in advance are that Japanese homes are generally smaller and may not accommodate large or oversized furniture very well, there is no central heating or air conditioning and it is extremely difficult to find a realtor who will rent to someone with pets.

Japanese neighborhoods are dense and houses are built very closely together. If you have a yard it will probably be very small and may be only enough room for a small garden (a weed eater would be sufficient for upkeep). You will probably have only one parking space or will have to rent one if you have a car (and you can't register a vehicle without proving

you have a place to park it). Most neighborhoods have their own small grocery store, barber shop, flower shop, and Japanese school. Your neighbors may or may not speak English, but if they don't, this will be the perfect opportunity to submerge yourself in the culture and learn some Japanese.

Heat is accomplished by heating each room separately with individual units. Options are kerosene heaters, electric space heaters or wall-unit electric heaters. Two kerosene heaters are provided to each family by the Housing Office. Additional units can be purchased locally or at the NEX. Some homes come with a wall unit air conditioner/dehumidifier or you can purchase one locally. If you have a dehumidifier you may decide to bring it with you as the air is very humid during the summer months. Fans are also useful for keeping your house cool during the summer months. How you choose to make your home comfortable will depend on your housing allowance and utility expenses. Kerosene is considerably less expensive than electricity.

You may want to consider purchasing portable zip-up wardrobes or expandable rods (bring 2-4) since most cho houses do not have closets with rods in them.

The Housing office will have rentals posted for you to view with the help of an interpreter. Individuals must be resourceful in locating a private rental by aggressively using all available contacts: sponsors, acquaintances and contacting real estate agents on their own.

Initial cost of moving into a Japanese home is quite expensive. Military personnel can request ADVANCED HOUSING ALLOWANCE through their command or obtain a "key money" loan through the Navy-Marine Corps Relief Society to cover move-in expenses. MOVE IN HOUSING ALLOWANCE covers fixed, one-time, non-refundable charges levied by the landlord or agent. You will be expected to pay 1 month's rent for the realtor's commission (reimbursable), 2 months' rent security deposit (returnable when vacating), 1 month's rent restoration fee (reimbursable to military but not to DoD or DoDDS employees) and the first month's rent.

Military members will receive OVERSEAS HOUSING ALLOWANCE (OHA) while living off-base. OHA covers the cost of monthly rent, utilities and move-in costs. Eligible DoD civilians receive a Living Quarters Allowance. DoD civilians can obtain LQA information by contacting the Human Resources Office (HRO).

The Housing Office provides the following to accompanied personnel: clothes washer/dryer, gas range, refrigerator, two kerosene heaters, one heat pump (AC/heat), carbon monoxide detectors and smoke detectors. Cho houses do not accommodate American-sized appliances so do not bring them. Purchasing a small portable freezer and sending it in your HHG shipment would also be handy if you have a family and like to stock-up on frozen goods.

Sofa - sponsored personnel are entitled to washers, dryers and refrigerators. Purchasing a microwave, convection oven, and large toaster oven in advance would be very helpful. Also, a small portable freezer would be handy since your refrigerator will be small. Since Japanese homes are typically smaller, large appliances may not fit. Japanese homes may be equipped with counter-top gas burners, but usually not an oven. Therefore, space for a regular American range may not be available.

Utilities

ON-BASE: There are no utility expenses except telephone handled by Base Communications Office (BCO). There is no Security deposit, and basic monthly rate is \$23.65. Offices located in Building 1632. Open Monday-Friday from 0800-1600. Telephone 252-3200.

OFF-BASE: The Housing Office has utilities turned on and can answer questions regarding your utilities.

Utilities can be paid for in several ways but most convenient is by setting up a Japanese bank account where the bills are automatically deducted every month. Monthly average for utilities is \$100-\$300 but varies depending on many factors. Cable TV is available but the initial installation can be very expensive and varies in cost.

PHONES: Your stateside phones will work in both on- and off-base housing, however, there have been some problems with answering machines.

Relocation Services

Relocation Services Overview

FLTACT SASEBO: RELOCATION SERVICES
RELOCATION SERVICE OVERVIEW

PRIOR TO DEPARTURE

If you have any questions prior to your arrival in Japan, while your sponsor is your first line of specific information support, please allow your Sasebo FFSC Relocation Assistance Program (RAP) Specialist to assist you as well. Contact information for the Sasebo RAP Specialist is:

Mail: RAP Specialist
FFSC Sasebo
PSC 476 Box 62
FPO AP 96322

DSN Phone: 252-3604 or 3101
Commercial Phone: 81-616-052-3604 or 3101
Commercial Fax: 81-616-052-3653

Email: c102b@cfas.navy.mil

You should check with your local FFSC on dates and times for presentation of Smooth Move or PCS workshops. These workshops are very beneficial in ensuring your move is as efficient and cost effective as possible. Additionally, your local FFSC should have a copy of a Sasebo's Welcome Aboard Package, one of our Welcome to Sasebo videos, or be able to put you on-line with our Sasebo SITES program.

If your sponsor hasn't provided you with a Welcome Aboard Package yet, please contact us and we will get one off in the mail to you right away. Corresponding with us by email allows us to answer your questions rapidly. If you have children that would like to have a peer sponsor, we will attempt to locate, through the local DoDDS schools, someone to

correspond with them. Just provide us with some details on your child(ren), to include name, age, grade, hobbies, interests, sports preferences, and such, so we are able to select a suitable sponsor for them.

UPON ARRIVAL

Most newcomers to Sasebo arrive at Fukuoka International Airport's domestic terminal after a brief flight from their initial Japan destination of either Tokyo's Narita or Osaka's Kansai airports. Fukuoka is about 1 hour's drive from the base at Sasebo. Public Works Transportation makes two trips to Fukuoka daily, carrying outgoing passengers to the airport and returning to the base with arriving passengers. These bus rides are free, with passengers providing the driver with a copy of their orders and showing their ID cards to gain access to the bus. The Sasebo Family Member Assistance Team (FMAT) operates out of the FFSC and has a Sailor at Fukuoka to meet the last flights each day. The FMAT Rep will position himself or herself immediately outside the baggage pick-up area of your Fukuoka arrival terminal. He or she will direct you to the bus and will accompany you on the final bus ride back to the base at 2215. Upon arriving in Sasebo the bus will first go to our Navy Housing Area in Hario (if any passengers need to go there), and then drive to the base. If any bus passengers have reservations at the Holiday Inn, or other TLA approved hotels in town, they will be dropped off before the bus proceeds to the base itself. The bus will stop just inside the main gate, at the transient barracks, at Navy Lodge, and then go to the pier area if a passenger's ship is in port.

We recommend that sponsors meet incoming personnel at the base arrival point rather than ride the bus to Fukuoka, only because return seating is often limited, with PCSing personnel on orders having priority.

AFTER ARRIVAL

Make the FFSC your first stop! We are located just to the right as you come in through the main gate of the base, in the same building as the Post Office. FFSC has a broad range of free programs and services that will help make your tour of duty in Japan as enjoyable as possible, from the day of your arrival through to the day of your departure for your next duty adventure or back into civilian life.

Ideally your sponsor has already enrolled you into the Area Orientation Brief (AOB) and Intercultural Relations (ICR) class, but if not, this is something

you need to take care of right away by either visiting or calling the FFSC. AOB/ICR is a 4 day indoctrination class which all military members and civilian employees must attend. Family members are highly encouraged to attend, and will find it a necessary thing if they intend to get a driver's license while living in Japan. A prerequisite for enrollment in the base drivers course is completion of the AOB/ICR course.

Other immediate stops you need to make include the Housing Welcome Center, if you are accompanied and need to arrange for housing, and the Personnel Support Detachment (PSD) to get a multiple-entry stamp in your passport, permitting you to depart and reenter Japan on leave if necessary during your tour. If you have children, you will need to visit the local DoDDS school, either Sasebo Elementary or E. J. King High School, to handle their enrollment. Family member medical records need to be delivered to the Branch Medical Clinic and Branch Dental Clinic so they may take you up on their records. Hopefully your sponsor, or other command representative is available to help you in accomplishing all of this, but if they are not, we here at the FFSC are ready to assist you by explaining where you need to go and what you need to do.

Sasebo has instituted a CONNECTIONS LUNCHEON designed to welcome and help new arrivals feel better connected to their new community. Normally scheduled monthly, this is a partnership effort between the FFSC, Religious Ministries, MWR, NEX, Housing Office, and various other command offices and agencies. Held on a Thursday from 1100 to 1300 in the main base Community Education Center Fellowship Hall, CONNECTIONS includes a large family style lunch, informational and cultural displays, and games designed for both children and adults. Guests normally include the Commander of Fleet Activities Sasebo, many CFAS department heads, leadership from other area commands and organizations, and other outgoing community members.

RELOCATION TIPS FROM RECENT NEWCOMERS:

Bring comfortable walking shoes to wear, along with dressier casual clothes. You are expected to dress conservatively when viewing rental homes or conducting other business with Japanese offices or agencies.

Stock up on your favorite lingerie and if you wear larger sizes of men's or women's clothing, you should

bring extra clothing items because they are not readily available locally.

The selection of footwear for all family members is very limited, unless you wear small sizes and can purchase them on the local Japanese economy.

Subscribe to your favorite catalogs. Mail order and Internet retail sources can be a life saver.

When you get to Japan, purchase telephone calling cards to make your calls back home. These ensure you don't talk too long and run up excessive phone bills, and their rates are usually better than prevailing long distance carrier rates.

Japan has four seasons, so ensure you pack the full range of clothing items, making sure you have appropriate apparel in your accompanied baggage for the season you will be arriving in and living in until your express shipment arrives.

Military should carry all their uniforms with them. Even if it is winter in Japan, if you are shipboard, you may find yourself in the tropics shortly after your arrival.

Recommend ladies bring formal attire for special occasions. Local selections are limited to non-existent.

Don't listen to doom-sayers in the Navy Lodge or within your commands. Take the time to evaluate things and develop your own opinions of what you like and what you don't like. Too many people find enjoyment in frightening newcomers with exaggerated stories or with their own fears.

Relocation Assistance

Relocation assistance office is located on the 1st floor of Bldg 310, Fleet and Family Support Center. DSN 252-3604/3101. FAX DSN 252-3653. HOURS 0700-1600, Monday-Friday. E-mail c102b@cfas.navy.mil

In Transit Emergencies

EMERGENCY PHONE INFORMATION

If you are faced with an emergency and need to contact your command, locate a green public phone which will accept yen coins or a Japanese phone card. Phone cards can normally be purchased at a vending machine next to the public phone. Contact the base phone operator at 0956-24-6111 who will connect you with your command or Port Operations, or call the CDO Cell phone # 09015177969.

Financial Preparedness

The cost of living in Japan is higher than in some areas in the United States. This should not be a cause for concern as the Navy compensates for this difference by a Cost of Living Allowance (COLA) included in the active duty service member's pay. This amount is adjusted as the yen rate fluctuates. Most daily necessities are available on base so day-to-day living should be well within the comfort range for all personnel stationed in Sasebo.

Overseas Housing Allowance (OHA) is provided to most accompanied personnel living on the economy to cover a major portion of the rent and utilities. However, initial moving-in expenses can run into the thousands of dollars. A portion of this can be reimbursed by the Navy and there is the option of Advanced Housing Allowance in some instances which would be deducted from the member's pay on a planned payment schedule. More information can be obtained from the Housing Office at your current duty station.

Moving In Housing Allowance (MIHA) and Dislocation Allowance (DLA) are also available to most U. S. Navy personnel relocating with family. These are provided to cover special relocation costs and you should be sure that these allowances are set aside and used for their intended purpose.

Telephone rights are purchased in Japan. These telephone rights are for people living on the Japanese economy and usually run about \$500-\$700. A cheaper alternative is to rent phone rights from USO or the Base Communications Office.

You should plan on purchasing a car while in Sasebo. The public transportation system here is not as extensive as that in the Tokyo area. A used car normally costs from \$1,000 to \$3,500 plus a few hundred dollars for insurance. This insurance cost is based on the member's age and pay grade and can vary from \$300 to \$800. Officers may use their USAA policy for part of their automobile insurance. Ownership transfer fees can cost from \$50-\$300.

Temporary Lodging Allowance (TLA) is currently provided for the first thirty days from the time of arrival in Sasebo by either the active duty member or the dependents, whoever arrives first. DoD civilians receive 90 days TLA. Conditional provisions are made for a thirty-day extension of TLA. This allowance should cover expenses for lodging in the Navy Lodge or in a Japanese hotel. If you do not feel you are eligible for TLA, please plan accordingly

when determining your moving budget. A Japanese hotel is expensive and lodging on base is provided on a space available basis.

Depending on whether you are traveling alone or with your family and pet, you will need several hundred dollars' worth of yen in your pocket to cover unforeseen events. If you require ground transportation or your flight is delayed overnight, you may need advance monies on the spur of the moment. Not all credit cards are accepted throughout Japan.

Exceptional Family Member Program (EFMP)

EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP): 252-2599

If you are already enrolled in the Exceptional Family Member Program, potential problems should be discussed with your detailee and the overseas screening representative at your current duty station concerning the limited resources available prior to accepting orders for Sasebo. Detailers must be kept current of a service member's EFM status. Therefore, your family members medical needs should be considered a priority when negotiating orders.

RELATED SERVICES:

Due to Sasebo's isolated location, please contact the school prior to your decision to accept orders to Sasebo if any of your children have special education needs. Educational and Developmental Intervention Services (EDIS) are available,

Location.....: 3rd Floor, E.J.KING School, Building 1665

Address.....: PSC 476, Box 25 FPO AP 96322-0025

Telephone.....: 252-3888/3889 FAX 252-2340

Email.....: sas-ei@nhyoko.med.navy.mil

For additional information, you can contact the National Information Center for Children and Youth with Disabilities, P.O. Box 1492, Washington, DC 20013.

Telephone: 800-695-0285.

Household Goods In-Bound Shipments

PERSONAL PROPERTY OFFICE

Location..... : Building 154

Telephone..... : 252-3418/3423

Hours..... : Mon-Fri 0800-1630

Comments..... :

Upon arrival in Sasebo, contact FISC Personal Property Office, to find out if your household goods have arrived, even if you are not yet ready to accept

delivery. Your records will be validated to ensure an accurate phone number is available. A minimum of five working days advance notice is required prior to delivery of goods and during the peak season, summer months, advance notice may be up to ten days.

Household Goods (HHG) shipments take an average of seventy days to arrive in Sasebo. The vast majority of Japanese houses will not accommodate over 6000 pounds of HHG. The wait for government housing can range from 12 to 22 months.

Unaccompanied Baggage (UB) arrives in Japan in two ways; by government contract or through a commercial company. A UB shipment consists of articles necessary for the initial health and welfare of service member or their family and should be limited to 1,000 pounds or less. It is not advisable to include uniform items in your UB shipment if they are required immediately upon arrival since the Navy Lodge will not allow delivery of personal property to their facility and no partial withdrawal is authorized from a UB shipment.

Although you are authorized to ship 75% of your weight allowance, keep in mind that both off-base and on-base quarters are much smaller than you are used to and storage space is virtually non-existent. To avoid unnecessary and expensive commercial storage, IT IS RECOMMENDED that large furniture items and major appliances such as washer, dryer, gas range, refrigerator, freezer and air conditioners be placed into non-temporary storage for the duration of your overseas tour. It is also recommended that you do not bring King beds or waterbeds to Japan.

The following is the average square footage of private rentals:

1 Bedroom - 580; 2 Bedroom - 831; 3 Bedroom - 1063; 4 Bedroom - 1306; 5 Bedroom - 1492.

Temporary furniture and appliances are available through the Sasebo Housing Welcome Center for both active duty military and civilian personnel for a period of 90 days. The following items are provided during your entire stay in off base housing: Refrigerator, stove with oven, microwave oven, Japanese washer and dryer, window air conditioner, kerosene space heater, smoke/carbon monoxide detectors and transformer.

Household Goods Out-Bound Shipments

PERSONAL PROPERTY OFFICE

Location..... : Building 154
Telephone..... : 252-3418/3423
Hours..... : Mon-Fri 0800-1630
Comments..... :

The arrangement of Household Goods (HHG) begins once the member receives orders from the issue ordering activity and a destination site has been determined. Specific arrangements for personal shipments begin at the Personal Property Office with the counselors. Counseling is done by appointment only between the hours of 0830 - 1100 and 1300 - 1500. Walk-in on a space available basis. Each military pay-grade has its own weight allowance, which is the maximum weight that can be moved at government expense under JFTR. The allowance includes weight of HHG shipped, placed in storage or sent as Unaccompanied Baggage. Anything exceeding the maximum weight allowance must be paid for by the member.

DOCUMENTS NEEDED: 7 copies (all pages) of orders for each shipment. An agent, designated in writing by either a Power of Attorney or Letter of Intent, can be appointed to make all shipping arrangements for the member.

STORAGE: The government provides 2 types of storage, temporary and non-temporary. Basic entitlement for Temporary storage is up to 90 days. Additional storage may be granted in 90 day increments with proper justification as outlined in JTR and JFTR. Any storage period exceeding that authorized by the Personal Property Shipping Office must be paid for by the member. Non-temporary storage in long-term storage authorized in specific cases, such as overseas assignment.

Household Goods Claims

PERSONAL PROPERTY OFFICE
Location..... : Bldg 154 (Housing Welcome Center, 2nd floor) Telephone..... : 252-3418/3423 Hours..... : Mon, Tue, Fri - 0800-1200 and Thu - 1300 - 1500. Closed Wed for adjudication of claims.
Comments..... :

REPORTING LOSS OR DAMAGE: At the time of delivery the carrier will give you three copies of a two sided-form DD-1840/1840R (pink form) which is signed by you to receive your property as well as being used to make your claim. Check your inventory carefully and check off each piece or carton by inventory number as it is unloaded. Examine any damage carefully and detail the exact damage on the DD-1840 (the front of the pink form). Also on the DD-1840 list all missing items by inventory item and number and description. Be sure the carrier's agent signs and dates all copies legibly. Be sure they leave you all three copies of the completed form which you and the carrier have signed. As soon as possible you must examine every item in your shipment and record any additional damage or loss which was not noted or listed at delivery on the DD-1840R (reverse side of the pink form) by inventory number, name of item and the type/extent of damage or loss. You must deliver those three copies of the completed form to the claims office within 70 days of your household goods delivery. Claims can be accepted by the claims examiner by appointment only.

Household Goods Weight Allowances

Current household goods weight allowances for Mainland Japan are 75 PERCENT of full paygrade allowances. E-4 information is for member with less than two years of service/member with more than two years of service.

Household Goods Weight Allowances

<i>Grade</i>	<i>Allowance w/Dependents</i>	<i>Allowance wo/Dependents</i>
E1	5,000	1,500
E2	5,000	1,500
E3	5,000	2,000
E4	7,000/8,000	3,500/7,000
E5	9,000	7,000
E6	11,000	8,000
E7	12,500	10,500
E8	13,500	11,000
E9	14,500	12,000
W-1	12,000	10,000
W-2	13,500	12,500
W-3	14,500	13,000
W-4	17,000	14,000
O-1	12,000	10,000
O-2	13,500	12,500
O-3	14,500	13,000
O-4	17,000	14,000
O-5	17,500	16,000
O-6+	18,000	18,000

POV In-Bound Shipments

PERSONAL PROPERTY OFFICE

Location..... : Building 154

Telephone..... : 252-3418/3423

Hours..... : Mon-Fri 0800-1630

Comments..... :

Paperwork is processed between the hours of 0800-1130 and 1300-1500.

Members who are or will be assigned to Sasebo, Japan and desire to ship a POV that was manufactured after 1976 must request a waiver through COMNAVFORJAPAN. The waiver must contain: NAME, RANK, SSN, UNIT OF ASSIGNMENT, MAKE, MODEL, YEAR, VEHICLE SERIAL NUMBER AND REASON/JUSTIFICATION (see Personal Property Consignment Instruction Guide (PPCIG) at your local Personal Property Office).

All US military and DoD civilians who plan on shipping a US manufactured left-hand drive POV to Sasebo should know the following before shipping:

The inspection and registration procedures to operate a US and POV in Japan may be cumbersome and frustrating. All documentation is in Japanese and must be completed at the Japanese Land Transportation Office (LTO). Members will require an interpreter with some knowledge of mechanics.

Members are responsible for all costs associated with the inspection which could be from \$ 3000 to \$ 5000. The cost can be even more expensive depending on the modifications required. Vehicle may require an emission certificate and if an emission test is required, the closest facility is located in Osaka which is about 350 miles from Sasebo. Other modifications may need to be performed such as headlights, turn signals, etc.

There are dealers/agencies available that can perform all the work and inspection procedures, however, they are very costly.

Maintenance and parts are also expensive (if available) when required.

There is no high-test gasoline available on-base. The on-base octane is 86 or lower and may not be good for high performance engines. Gas prices off base are very expensive. Diesel fuel is available on base.

The US Government and the Navy are not responsible for storing the POV on base if the POV cannot pass Japanese inspections.

A POV cannot be re-shipped at Government expense until new orders are issued. If a POV must be re-shipped prior to the issuance of new orders, it will be at the member's expense.

US military members have an entitlement to store their POV in the states at government expense or stored at personal expense and member file for reimbursement. Consult with the Personal Property counselor to make POV storage arrangements.

There are plenty of good quality used cars available from transferring personnel or from local dealers with cost ranging from \$ 1000 to \$ 3000. The total cost of buying and registering a used car after you arrive will probably be less than what you would pay to modify your vehicle if you bring your own vehicle from the states.

Members should communicate with their sponsors before shipping a POV to Japan. It is absolutely essential that members understand the potential difficulties of owning and operating a US manufactured POV in Japan.

POV Out-Bound Shipments

PERSONAL PROPERTY OFFICE

Location..... : Building 154

Telephone..... : 252-3418/3423

Hours..... : Mon-Fri 0800-1630

Comments..... :

Counseling is by appointment only. Japanese manufactured vehicles (including motorcycles) will be accepted for shipment to the United States and it's possessions only if the member has a written contract with a Registered Importer. Contact the Personal Property for details.

POV Claims

PERSONAL PROPERTY OFFICE

Location..... : Building 154

Telephone..... : 252-3418/3423

Hours..... : Mon, Tue, Fri - 0800-1200,
Thu - 1300 - 1500

Closed Wed to adjudicate claims.

Comments..... :

Pet Boarding/Kennels

There are limited self-serve (you are responsible for feeding, watering and cleaning your animal's holding facility) animal holding facilities on base in Sasebo. There is a fee for their usage. Japanese kennels are exceptionally expensive and do not provide the same quality of care that American kennels provide. See related subject Pet Licensing.

Pet Licensing

The following information is based on the assumption that the animal is a cat or dog.

There are no restrictions on bringing pets to Japan. However, pet owners should be aware of the problems associated with bringing pets to Sasebo.

There are limited self-serve (you are responsible for feeding, watering and cleaning your animal's holding facility) animal holding facilities on base in Sasebo. There is a fee for their usage. Japanese kennels are exceptionally expensive and do not provide the same quality of care that American kennels provide. If you bring a pet, we strongly recommend that you coordinate care for your animal with your command sponsor. You may need to leave the pet with family or friends in the States until you obtain suitable quarters and then send for the pet. Pets are not allowed in the Navy Lodge, BOQ, BEQ, or in Japanese hotels.

Pets entering Japan are required to have rabies and health certificates. The rabies documentation can usually be included on the bottom of the health certificate if the form is set up for the information. The health certificate cannot be issued more than ten days prior to the shipment of the pet. Certification issued by a private veterinarian must be endorsed by the U. S. Department of Agriculture. Certificates, if issued by a military vet must be DD Forms 2208 and 2209. Signature by a military vet is recommended but not required if the above instructions are followed. All animals are required to have rabies vaccinations not less than 30 days old but not more than one year prior to entry. Documents must accompany the pet. U. S. Forces Japan (USFJ) Form 380-EJ for custom-free entry into Japan is required in order to claim the pet at the airport. The sponsor must obtain Form 380-EJ from the Sasebo Personal Property Office. This form, authorization to bring a pet to Japan, must be signed in Sasebo. Three copies of your orders must be included with paperwork accompanying the pet.

To obtain the necessary papers to register your pet and obtain further information, contact the U. S. Army Veterinary Services upon your arrival. Please note that only fish, birds, cats, and dogs are allowed in base housing and that dogs are not allowed in the high rise towers which make up a large percentage of housing.

Although pets are not required to be licensed, they must be registered with base authorities and wear the base tag at all times.

The necessary paperwork for bringing your pet to Japan can be obtained from your local Fleet and Family Support Center.

Pet Quarantines

All pets are subject to a 14-day home quarantine period. After the home quarantine period the pet must be examined by a military vet who signs the documents and forwards them to the Japanese authorities. See VET Services for more details.

Veterinary Services

Name: SITE VETERINARIAN
Address: Building 328
DSN Phone: 252-3585
Comments: Hours: Mon - Fri 0730 - 1530 Closed Thursday mornings The Army Veterinary Technician provides routine care for pets. He has clinic hours and can refer animals to a veterinarian in town if he cannot provide emergency acute care or surgery. The Army Veterinarian provides neuter/spay services. Services such as de-clawing cats, cosmetic ear and tail clipping for certain breeds of dogs, and other specialized surgeries are not provided. They can be obtained in town, but the cost is very high. It is best to have these things done before bringing your animal to Sasebo. All normal immunizations, tests and medications (such as heartworm medications) are available.

Pet Transportation

Shipment of pets is not an entitlement at Government expense. There are two ways to send pets commercially: cargo and excess baggage. Cargo status is generally more expensive while traveling within the United States. (It is the only way you can send your pet unaccompanied.) Cargo status, however, is the cheapest way for your pet to fly in Japan. For further information and rates from the States, call all the international carriers and ask for their rates.

You should be routed through Osaka or directly into Fukuoka Airport. If you fly into Tokyo's Narita Airport, it will be necessary to transfer to the

domestic terminal for onward travel to Fukuoka or Nagasaki airports. In some instances, this may require ground transportation which would incur additional expense. Advise the Transportation Office that you are traveling with a pet before they schedule your flight. Make sure you re-verify pet transportation reservations with the airlines yourself.

Pets passing through Hawaii to and from other destinations are required to be quarantined at a facility for the transit layover period.

Each animal must be in its own airline-approved container such as a standard varikennel and be able to standup and turn around in the kennel.

You must request your sponsor to contact the Personal Property at Sasebo to obtain a 380EJ Japanese Customs form with the following information to import your pet into Japan and clear Customs with minimum trouble:

Type of pet
Breed
Name
Color
Age
Sex
Weight
Owner's name, rank & SSN
Date of entry into Japan
Which command in Sasebo member is being assigned

Japanese Customs will only accept the original and carbon copies of the 380EJ form so the the sponsor must mail all copies to the member for presentation to the customs Agent at port of entry.

SUBJ: COMMERCIAL CARRIER'S PET POLICY FOR SUMMER TRAVEL YEAR 2001
LAST SUMMER, DUE TO HEAT CONSIDERATIONS, MANY AIRLINES HAD A RESTRICTED POLICY CONCERNING THE TRANSPORTATION OF PETS. THE CARRIERS LISTED BELOW PROVIDED THEIR SUMMER PET POLICIES FOR YEAR 2001. THIS INFORMATION IS CURRENT AS OF MAY 3, 2001. THE PET EMBARGOES AND RESTRICTIONS APPLY TO ALL PASSENGERS TRAVELING WITH PETS ON EACH AIRLINE.

1. DELTA PET POLICY: EFFECTIVE JANUARY 1, 2001, DELTA IMPLEMENTED A PERMANENT ANNUAL EMBARGO (DELTA SYSTEM WORLDWIDE) FROM MAY 15 TO

SEPTEMBER 15, 2001. PETS WILL NOT BE ACCEPTED AS CHECKED BAGGAGE DURING THIS TIME. THIS APPLIES TO ALL DELTA, DELTA CONNECTION, AND DELTA CODE SHARE FLIGHTS. EXTREME HEAT CAN PUT ANIMALS IN A LIFE-THREATENING SITUATION. THE EMBARGO IS IN THE BEST INTEREST OF THE PET. PASSENGERS MAY EXPLORE THEIR OPTIONS TO SHIP PETS WITH DELTA DASH OR A COMMERCIAL ANIMAL SHIPPER. EXCEPTIONS TO THE EMBARGO: MILITARY OR GOVERNMENT PERSONNEL WITH RETURN ORDERS WHO ARE TRAVELING WITH PETS FROM A FOREIGN COUNTRY OR HAWAII TO THE UNITED STATES FOR DUTY, MAY CHECK THEIR PETS AS BAGGAGE DURING THE EMBARGO PERIOD, PROVIDING TEMPERATURES ARE NOT FORECAST TO EXCEED 85 DEGREES FAHRENHEIT (29.5 CELSIUS) OR FALL BELOW 45 DEGREES FAHRENHEIT (7.2 CELSIUS) AT ANY POINT IN THEIR JOURNEY. DELTA CONNECTION CARRIERS WILL NOT ACCEPT PETS FOR TRANSPORTATION WHEN THE TEMPERATURES FOR A CITY IN THE PETS LINE OF FLIGHT EXCEEDS 85 DEGREES FAHRENHEIT (29.5 CELSIUS) OR FALLS BELOW 45 DEGREES FAHRENHEIT (7.2 CELSIUS). WE ENCOURAGE TRAVEL ON FLIGHTS BEFORE 10:30 AM OR AFTER 8 PM TO MINIMIZE PET EXPOSURE TO EXTREME HEAT. TEMPERATURE RESTRICTED ANIMALS: AS A REMINDER, THE FOLLOWING DOG AND CAT BREEDS HAVE BEEN IDENTIFIED BY DELTA AS A PUG OR SNUB-NOSED DOG/CAT. THESE BREEDS, WHETHER CHECKED AS BAGGAGE OR TENDERED AS CARGO WILL BE REFUSED IF THE TEMPERATURES ON ANY PORTION OF THEIR JOURNEY IS 70 FAHRENHEIT OF HIGHER. NO EXCEPTIONS:

DOGS	DOGS	CATS
AMERICAN	STRAFFORDSHIRE	TERRIER
ENGLISH TOY SPANIEL	BURMESE	
AMERICAN PIT BULL TERRIER	FRENCH	
BULLDOG	HIMALAYANS	
BOSTON TERRIER	JAPANESE	
BOXER (CHIN)	PERSIANS	
BRUSSELS GRIFFON	JAPANESE PUG	
PERSIANS		
BULL MASTIFF	JAPANESE SPANIEL	
BULL TERRIER	PEKINESE	

CHOW CHOW	PUG
DUTCH PUG	SHIH TZU
ENGLISH	BULLDOG
STAFFORDSHIRE BULL TERRIER	

DELTA RESERVES THE RIGHT TO REFUSE LIVE ANIMALS AS CHECKED BAGGAGE IF THE HEALTH OF THE ANIMAL IS IN QUESTION AND/OR IF THE ANIMALS' HEALTH MAY BE JEOPARDIZED BY EXTREME WEATHER CONDITIONS.

2. UNITED PET POLICY: UNITED'S PET POLICY HAS NOT CHANGED FROM LAST SUMMER. WE HAVE EXTENDED "INDEFINITELY" THE CURRENT PET EMBARGO THAT PROHIBITS THE ACCEPTANCE OF LIVE ANIMALS AS CHECKED BAGGAGE. HOWEVER, WE STILL HAVE A WAIVER IN PLACE FOR THE MILITARY AND GOVERNMENT TRAVELER. FOLLOWING ARE THE GUIDELINES: UNITED AIRLINES WILL WAIVE THE PET EMBARGO FOR MILITARY AND GOVERNMENT PERSONNEL TRAVELING ON PCS ORDERS TO AND FROM THE CONTINENTAL U.S. AND INTERNATIONAL/HAWAII DESTINATIONS. THIS WAIVER APPLIES TO ACCOMPANIED PASSENGER/PET TRAVEL ONLY. PETS SHIPPED UNACCOMPANIED MUST FOLLOW THE NORMAL CARGO RULES AND CONDITIONS. THIS WAIVER ALSO INCLUDES OUR STAR ALLIANCE AND CODE SHARE PARTNERS AS LONG AS UNITED IS THE OPERATING CARRIER ON EACH FLIGHT AND ALL OTHER NORMAL TERMS AND CONDITIONS ARE MET CONCERNING PET CARRIAGE. THIS WAIVER DOES NOT EXIST FOR TRAVEL SOLELY WITHIN THE CONTINENTAL U.S. AND ALASKA UNLESS THE CUSTOMER ID DEPARTING OR ARRIVING AT AN US GATEWAY ON A MILITARY OR GOVERNMENT CHARTERED AIRCRAFT OR ANOTHER CARRIER. THE EMBARGO DOES NOT APPLY TO SPECIALIZED GOVERNMENT WORKING DOGS OR SERVICE ANIMALS. EMBARGO APPLIES TO EVERYONE (INCLUDING MILITARY/GOVERNMENT TRAVELERS) WHEN TRAVELING TO SOUTH AND CENTRAL AMERICA AND MEXICO.

3. U.S. AIRWAYS PET POLICY: RESTRICTIONS FOR TRANSPORTATION OF PETS AS CHECKED BAGGAGE COMPLY WITH USDA TEMPERATURE REQUIREMENTS.

HOWEVER, U.S. AIRWAYS MAINTAINS THE RIGHT TO BE MORE RESTRICTIVE THAN ESTABLISHED GOVERNMENT REGULATIONS. AS FOR WHAT TO EXPECT THIS SUMMER, ONLY TIME WILL TELL, BUT U.S. AIRWAYS WILL FOLLOW THE SAME PROCEDURES AS IN PREVIOUS YEARS. WHEN AT ALL POSSIBLE, WE ATTEMPT TO ONLY PLACE EMBARGOES ON A STATION BY STATION BASIS. IN THESE CASES, THE LOCAL STATION MANAGER MUST DETERMINE IF THE LOCAL/CONNECTING/DESTINATION STATIONS TEMPERATURES WILL ALLOW US TO COMPLY WITH USDA TEMPERATURE REQUIREMENTS. SOMETIMES, SYSTEM-WIDE EMBARGOES ARE NECESSARY; HOWEVER, BECAUSE OF THE IMPACT ON OUR CUSTOMERS, WE TRY TO AVOID THEM UNLESS OPERATIONALLY NECESSARY. OUR RESERVATION AGENTS HAVE ACCESS TO PREDETERMINED EMBARGO SITUATIONS. HOWEVER, SINCE MOST OF OUR RESTRICTIONS ARE DETERMINED BY THE WEATHER, WE CANNOT ALWAYS PROVIDE THEM IN ADVANCE THE DATE OF DEPARTURE.

4. ALASKAN AIR PET POLICY: THE TEMPERATURE GUIDE IS CONSTANT THIS YEAR AND ALASKAN AIR DOESN'T PLAN ON ANY PET EMBARGOES.

5. TWA PET POLICY: GENERAL ACCEPTANCE: A DOG, CAT, OR HOUSEHOLD BIRD (CANARY/PARAKEET/PARROT), MAY TRAVEL IN THE AIRCRAFT CABIN PROVIDED THEY CAN FIT COMFORTABLY IN A CABIN KENNEL WHICH DOES NOT CAUSE DISTRESS TO THE ANIMAL.

- OWNER MUST BE IN POSSESSION OF A VALID VETERINARY HEALTH CERTIFICATE THAT IS CURRENT WITHIN 10 DAYS OF ORIGIN TRAVEL, TRAVEL DATES TO HAVE A PET IN THE CABIN, 30 DAYS IS ALLOWED (FROM DATE OF CERTIFICATE) FOR RETURN TRAVEL OR ANOTHER CERTIFICATE WILL BE REQUIRED
- CONTAINER SIZE MUST NOT EXCEED 21 INCHES IN LENGTH, 16 INCHES IN WIDTH, AND 8 INCHES IN HEIGHT

- THE PET MUST BE 8 WEEKS OLD AND FULLY WEANED
- NO WEIGHT RESTRICTIONS PROVIDED PET FITS IN KENNEL
- ONE PET IN FIRST CLASS--NARROW-BODY EQUIPMENT
- ONE PET IN FIRST CLASS--WIDE-BODY EQUIPMENT
- TWO PETS IN COACH CLASS ON NARROW-BODY EQUIPMENT
- TWO PETS IN COACH CLASS ON WIDE-BODY EQUIPMENT
- PETS MUST BE SEPARATED BY AT LEAST 10 ROWS
- PARTY OF 2 (EACH W/PET) MAY BE SEATED IN AISLE ACROSS
- ONE PET PER CONTAINER--ONE CONTAINER PER PASSENGER
- (EXCEPTION: 2 BIRDS ARE ALLOWED IN ONE CONTAINER)
- NOT PERMITTED FOR PASSENGER'S TRAVELING UNDER UMNOR OR ACAA
- NOT PERMITTED IN BULKHEAD
- NOT PERMITTED OUTSIDE THE CONTAINER WHILE IN TERMINAL/BOARDING FLIGHTS/DEPLANING OR IN-FLIGHT DURING FOOD AND BEVERAGE SERVICE
- EXCESS VALUATION IS NOT PERMITTED
- THE TEMPERATURE RESTRICTIONS FOR PETS--AS BAGGAGE, DO NOT APPLY TO PETS IN THE CABIN
- TWA WILL NOT ACCEPT NONDOMESTICATED ANIMALS SUCH AS FERRETS, RAVENS, RABBITS, AND HAMSTERS THAT CARRY HIDDEN UNDETECTED DISEASES AND MAY CAUSE ALLERGIC REACTIONS TO OUR CUSTOMERS. NO REPTILES OF ANY TYPE
- THE UNITED KINGDOM PROHIBITS THE IMPORTATION OF PETS IN THE CABIN OR AS CHECKED BAGGAGE. PASSENGERS SHOULD ALWAYS CHECK WITH THE STATE DEPARTMENT OR ANIMAL REGULATIONS OF THE DESTINATION STATE FOR COMPLETE GUIDELINES.
- INDIVIDUAL COUNTRY REGULATIONS SHOULD ALSO BE CHECKED.

6. AMERICAN AIRLINES PET POLICY: IN ORDER TO ENSURE THE SAFE HANDLING OF PETS BY AA AT ALL TIMES, TRANSPORT OF LIVE ANIMALS AS CHECKED BAGGAGE SYSTEMWIDE WOULD BE EMBARGOED DURING MAY 15-

SEPTEMBER 15, 2001. FOR THE TIME PERIOD NOT WITHIN THE EMBARGO DATES, PRIOR TO 15 MAY AND AFTER SEPTEMBER 15, 2001. AMERICAN AIRLINES STANDARD ACCEPTANCE POLICY WILL BE IN EFFECT AS DETAILED. GUIDELINES FOR PET ACCEPTANCE: PERTAINS TO DOMESTICATED PETS AS LISTED BELOW, AS WELL AS SEEING, HEARING ASSISTANCE ANIMALS, AND SEARCH DOGS.

TYPES OF PETS ACCEPTED:

- DOMESTIC FLIGHTS--DOGS, CATS, AND HOUSEHOLD BIRDS. POULTRY, UNDOMESTICATED BIRDS OF PREY ARE NOT ACCEPTED

- POT BELLIED PIGS W/IN 50 STATES, PR,VI ONLY

- FERRETS NOT ACCEPTED AS CABIN OR CHECKED BAGGAGE

- REFER ALL OTHER TYPES TO CARGO

- INTERNATIONAL FLIGHTS--SEE STAR/N*IPET/OR/N*.BAG/

- AGE--MINIMUM 8 WEEKS OLD FOR DOGS, CATS, AND POT BELLIED PIGS

- NUMBER OF PETS:

-----TOTAL NUMBER OF PETS ACCEPTED ON AIRCRAFT IS

DETERMINED BY ATO 2 HOURS PRIOR TO FLIGHT DEPARTURE, BASED ON AIRCRAFT

AND CARGO LOAD SPECIFICATIONS. PETS WILL BE ACCEPTED ON FIRST COME,

FIRST RIDE BASIS

-----MAXIMUM 2 CHECKED PETS PER PASSENGER, TO ALL DESTINATIONS

-----MAY BE IN 2 SEPARATE KENNELS, OR IN 1 KENNEL IF THEY ARE

OF THE SAME SPECIES AND COMPARABLE SIZE

-----WEIGH LESS ARE OF SAME SPECIES AND COMPARABLE SIZE, WEIGH LESS

-----THAN 20 POUNDS EACH, AND ARE BETWEEN 8 WEEKS AND 6 MONTHS

-----OLD. IN ADDITION, MAY CARRY ON 1 KENNEL

-----LIMIT ALSO APPLIES TO PASSENGERS TRAVELING TO ANIMAL SHOWS TEMPERATURE

RESTRICTIONS: TEMPERATURE RESTRICTIONS HAVE BEEN ESTABLISHED TO ENSURE

ANIMALS ARE NOT EXPOSED TO EXTREME HOT OR COLD TEMPERATURES IN ANIMAL

HOLDING AREAS, TERMINAL FACILITIES, OR WHEN MOVING ANIMALS BETWEEN

TERMINAL FACILITIES AND THE AIRCRAFT OR ON THE AIRCRAFT

AWAITING DEPARTURE FOR MORE THAN 45 MINUTES. THE

RESTRICTIONS HAVE NO RELATIONSHIP TO THE ACTUAL AIRCRAFT, UNLESS

CONDITIONS ARE SUCH THAT LENGTHY CONNECT/GROUND TIMES OR OFF SCHEDULE

OPERATIONS WOULD JEOPARDIZE THE ANIMALS' EXPOSURE FOR MORE THAN 45 MINUTES.

- HEAT--MUST NOT BE SUBJECTED TO SURROUNDING TEMPERATURE EXCEEDING 85 DEGREES

FOR MORE THAN 45 MINUTES

- COLD--MUST NOT BE SUBJECTED TO SURROUNDING TEMPERATURE WHICH IS BELOW 45 DEGREES FOR MORE THAN 45 MINUTES

NOTE: TEMPERATURE RESTRICTIONS APPLY AT ORIGINATING, CONNECTING, OR TERMINATING LOCATIONS, REGARDLESS OF GROUND/CONNECT TIME AT ANY POINT IN

THE ITINERARY.

NOTE: AN EXCEPTION CAN BE MADE TO THE MINIMUM TEMPERATURE RESTRICTION ONLY. PASSENGER MUST PRESENT A STATEMENT/FORM SIGNED BY A LICENSED VET

STATING THAT THE ANIMAL IS ACCLIMATED TO LOWER TEMPERATURES. THE

STATEMENT/FORM MUST INCLUDE NAME, ADDRESS OF PASSENGER, NAME OF ANIMAL AND

VET, AND VET ACCREDITATION NUMBERS AND DATE. FINAL ACCEPTANCE IS UP TO THE

LOCAL AIRPORT MANAGEMENT. PETS NOT ACCEPTED AT DEPARTURE TIME REMAIN THE

RESPONSIBILITY OF THEIR OWNERS.

SNUB-NOSED DOGS AND CATS: EFFECTIVE JULY 1997, UNTIL FURTHER NOTICE, BRACHYCEPHALIC/SNUB NOSE/DOGS AND CATS WILL NOT BE ACCEPTED IN TEMPERATURES EXCEEDING 75 FAHREHEIT (21 CELSIUS) AT CONNEX,

DESTINATION POINTS DUE TO THEIR UNIQUE RESPIRATORY SYSTEMS. THESE

ANIMALS INCLUDE, BUT ARE NOT LIMITED TO, AMERICAN STAFFORDSHIRE,

STAFFORDSHIRE BULL, BOSTON BULL TERRIERS, ENGLISH/FRENCH BULLDOGS,

DUTCH/JAPANESE PUGS, ENGLISH
TOY/JAPANESE SPANIELS, BOXERS,
BRUSSELS GRIFFINS, PEKINESE, SHIH TZU,
SHARPEI, AND HIMALAYAN/PERSIANS CATS.

7. IMPORTANT TRAVEL INFORMATION: THIS INFORMATION IS CURRENT AS OF MAY 3, 2001. PLEASE CHECK WITH EACH AIRLINE AND REVIEW THE MOST CURRENT PET POLICY PRIOR TO BOOKING RESERVATIONS AND ACTUAL TRAVEL. SOME PET POLICIES ARE SUBJECT TO CHANGES.

Specific detailed information is provided in the booklet "Transporting Your Pet To & From Japan" which can be requested through the Sasebo FFSC RELOCATION OFFICE at DSN 252-3101/3604 OR E-MAIL at c102b@cfas.navy.mil

PCS Reporting Procedures

Name: INPROCESSING/Personnel Support Detachment
Address: Building 154
DSN Phone: 252-3470/3475
Comments: Hours: Mon-Fri 0900-1500 Inprocessing differs for various commands. Contact your sponsor of command for specific reporting procedures. If your command is deployed, report to the Transient Personnel Detachment (TPD). Also, the Command Duty Officer (CDO), DSN 252-3446, can assist you in locating billeting after hours if you run into a problem. Try to arrange your billeting in advance since on-base billeting is limited, especially for families.

Billeting

Name: COMMERCIAL TRAVEL OFFICE (CTO)
Address: Bldg 154
DSN Phone: 252-3414
Comments: Hours: Mon-Fri 0900-1600 Services offered by CTO include commercial airline tickets and reservations, hotel reservations worldwide and car rental reservations worldwide.

Name: NAVY LODGE
Address: Bldg 1602
Phone: 011-81-956-24-0173/0223/0297
DSN Phone: 252-3605/3608
Comments: Desk Hours: Twenty-four (24) hours daily The Lodge has 58 units, each with two double beds, private bath, kitchenette and dining area. It is located on the Base. Central washers and dryers are available and a small convenience mart for shopping. Units are available on a first come-first served basis only. Incoming personnel are permitted temporary lodging for a maximum of thirty days. Additional lodging is on a space available basis. You are advised to make reservations as soon as you receive your orders since space is limited. You can use a stateside toll-free number (1-800-NAVYINN) to make reservations but it is recommended to call Sasebo Navy Lodge directly for more specifics on availability of lodging, such as waiting lists. Off-base hotels are much smaller by American standards and do not have all the conveniences of the Lodge.

Unaccompanied PCS

Name: BILLETING OFFICE
Address: Building 1604
DSN Phone: 252-3413
Comments: Hours: 0600-2400 The BEQ and the BOQ are for unaccompanied service members. These facilities are not used as temporary lodging for families. The BEQ and BOQ will also check-in unaccompanied service members who cannot report to their commands due to command deployment or arrival after duty hours. If you are unaccompanied, your command is a ship, and you arrive after duty hours, report directly to your command. If your ship is deployed or you are with a shore command; and you arrive after duty hours, report directly to the (TPD), BEQ or BOQ for check-in. Please check with your sponsor for detailed information concerning further command "check-in" information.

Support Services

Support Services Overview

Fleet Activities Sasebo offer many support services for the CFAS community. See the following sections for more details.

Family Centers

Sasebo's FFSC is a full service Center, providing the same range of services you will find in a stateside FFSC, plus some programs and services unique to our location in Japan. To correspond with the Relocation Assistance Program Specialist please email c102b@cfas.navy.mil or call 81-616-052-3604.

Conveniently located just inside the main gate to the base, we pride ourselves on being the ultimate resource to new arrivals as well as long-time community residents.

Newcomers to Japan have much to learn about their new home. FFSC provides a 4 day introductory Area Orientation Briefing (AOB) and Intercultural Relations (ICR) course three weeks out of every month. This class is mandatory for all new-arrival military and civilian personnel, and highly recommended for attendance by spouses and other family members over the age of 10 years old. An added incentive for family members to attend AOB/ICR is the requirement to have completed this course before anyone may take the exam to receive a U.S. Forces Japanese Drivers License.

Everyone who arrives in a foreign land will have questions. Please rely on your FFSC as a valuable source of quality information and referral assistance. Whether we are the office or agency who can best meet your need, or not, we will ensure you are directed to the necessary resource who is best able to resolve your concern or answer your question.

New arrivals in Sasebo can expect a 6 to 18 month wait to move into government housing. The Housing Welcome Center is the site within this home page you need to visit for more specific information on housing availability, but your FFSC is prepared to support you through the issuance of hospitality kit items while you await the arrival of your express shipment. Complete kitchen kits, including everything from a toaster to a can opener, are available for check out, along with bedding kits of sheets, blankets, and pillows.

FFSC also provides a free Japanese language course teaching interested community members a range of phrases in conversational Japanese to help you feel more comfortable when you are out and about this fascinating country.

Is your spouse interested to learn what job opportunities await her or him when they arrive in Sasebo? FFSC's Spouse Employment Assistance Program (SEAP) Specialist is prepared to help in providing current job vacancy information. Also, once you arrive in Sasebo, your FFSC maintains a bank of six client computers dedicated to your use to prepare resumes, fill out applications, or just practice your computer skills. SEAP also provides many classes to help you hone your job search abilities, including an entrepreneurial monthly session on Teaching English to Japanese. This is an often-times lucrative field many spouses choose to pursue.

For service members who plan for this to be their final Navy tour, our Transition Assistance Program (TAP) Specialist is prepared to help you in planning for your separation or retirement. Congressionally mandated TAP classes are provided monthly, along with veteran's benefits briefings and related information.

Many people receive their orders to Japan and are afraid that living costs will be too much for them to manage on their Navy pay. Be assured, there is a range of housing allowances and cost of living offsets in place that actually make your ability to live in Japan quite comfortable. Many people even find themselves able to begin those personal savings programs they have long thought about, banking some of the extra money they receive, and paying off long standing credit balances and other debts. The FFSC has a Personal Financial Management (PFM) Specialist standing by to help you develop a viable budget and make your financial security dreams become real.

A big concern for many women coming overseas is how to deal with the emotional and family support aspects of a pregnancy. Your FFSC New Parent Support (NPS) Nurse is prepared to provide the coaching, counseling, and moral support, especially to first time mothers who are thoroughly baffled by the changes in their bodies and the progressive stages of pregnancy, breastfeeding, infant and toddler care and developmental issues, and other questions regarding the healthy growth of their children. Testimonials have hailed this FFSC service as being a key factor in some spouse's overall satisfaction with their quality of life while living in Japan.

Employing a staff of certified and highly qualified Clinical Counselors, your FFSC is able to help you deal with individual, marital, family, and group counseling needs. All services are provided free of charge and with maximum allowable confidentiality. FFSC also provides life skills education courses in both stress and anger management. Our staff is prepared to help you deal with the anxieties and fears some people feel when faced with the need to reestablish their lives outside of their familiar comfort zones. People do not need to feel ashamed or unique when they are anxious about moving to live in a foreign land. This is a natural sensation that every one of us feel to some extent when making such moves. If you find that you are feeling the stress more acutely, having crying jags, experiencing insomnia, or otherwise having difficulty in acclimating, a simple call to the FFSC to arrange an appointment with a counselor could be all you need to better understand your feelings, come to grips with the situation, and begin enjoying this experience of a lifetime.

We sincerely hope you will allow us to assist you throughout all phases of your life here in Sasebo. From arrival to preparing you for departure by attending a Smooth Move, PCS workshop, your FFSC staff stands ready to meet your needs to the best of our ability.

Name: FLEET AND FAMILY SUPPORT CENTER (FFSC)
Address: Building 310
DSN Phone: 252-3604
Comments: Hours: Mon-Fri 0730-1630 The FFSC should be your first stop after arriving in Sasebo. We're easy to find located right next to the main gate in the same building as the Post Office. We offer a host of programs and services to both help you get settled and make your tour as enjoyable as possible. Our loaner closet is very popular and after you have moved into the Japanese community make sure to use our "Know your CHO" program. Sasebo is full of small-town hospitality, so stop by and introduce yourself...we're are looking forward to meeting you!

Information and Referral

FAMILY ADVOCACY REPRESENTATIVE

Location..... : Building 310
Telephone..... : 252-3111
Hours..... : Mon-Fri 0730-1600

Comments..... :

This program exists to prevent, identify and treat child and spouse abuse.

ADDICTIVE SERVICES CENTER (CAAC)

Location..... : Building 310
Telephone..... : 252-3688
Comments..... :

The ADS provides substance abuse evaluations, outpatient counseling and outreach services.

CHAPLIN'S OFFICE

Location..... : Building PW47
Telephone..... : 252-3380
Hours..... : Mon-Fri 0800-1630

NAVY AND MARINE CORPS RELIEF SOCIETY

Location..... : Building PW47
Telephone..... : 252-3366
Hours..... : Mon-Fri 1000-1400

Name: FFSC Information &Referral
Address: Bldg. 310
Phone: 252-3119/3604

Financial Assistance Programs

FINANCIAL MANAGEMENT:

Counseling and resources are available as well as a variety of workshops including savings and investment, car buying strategies and budgeting assistance. Classes are given both as requested and on a scheduled basis. All services available at FFSC.

Emergency Assistance

VICTIM SERVICES SPECIALIST:

Located at the FFSC. Second Floor. VSSI is a liaison between victims and emergency resources available. Offers assistance to victims of domestic violence or sexual assault. On-call 24 hours.

Family Advocacy

FAMILY ADVOCACY:

Provides education and prevention programs on topics such as parenting, stress management, communication and more. A full-time Registered Nurse offers workshops to expectant mothers about pregnancy, childbirth and nutrition and also provides

information to parents of caring for their baby during the first year of life.

Walk-IN ASSISTANCE also available.

Single Member Services

Name: LIBERTY
Address: Main Base Fleet Gym
DSN Phone: 252-3756
Comments: Hours: Mon-Fri 1100-2400 SAT,SUN 1100-0100 Tours on the town and out of town, movies, sports, contests and more, all aimed at the single sailor.

Support Groups

Name: ALANON
Address: Counseling and Assistance Center (CAAC)
DSN Phone: 252-3688

Name: ALCOHOLIC ANONYMOUS
Address: Counseling and Assistance Center (CAAC)
DSN Phone: 252-3688

Name: OVEREATERS ANONYMOUS
Address: Counseling and Assistance Center (CAAC)
DSN Phone: 252-3688

Morale, Welfare, and Recreation

MWR ADMINISTRATION

Location..... : Building 91

Telephone..... : 252-3472/3332

Hours..... : Mon-Fri 0800-1630

HARBOR VIEW CLUB (All Hands)

Telephone..... : 252-3966

Hours..... : Breakfast 0630-0900

(Sat, Sun, Hol till 1100)

Lunch 1100-1500

Dinner 1700-2100

Comments..... :

The Harbor View Club is a full-service dining establishment with both American and Japanese meals. The dining attire is semi-formal and there are disc jockeys nightly. The Club will cater your private party.

Also included in the same building with the Harbor View Club is the John Meyer Lounge (Chief Petty

Officers' Club), the Starlite Lounge (Officers' Club), and the Whalers' Cove Tavern (Enlisted Club). Just outside the Harbor View Club is the Liberty Barbeque. (Hours vary)

Galaxies is a "All Hands" club which features a "Cheers style" lounge, a high energy nightclub, and a food court offering Mexican, Deli and Pizza dining.

FLEET GYM

Telephone..... : 252-3595

Hours..... : Mon - Fri 0600 - 2200

Sat - Sun 0900 - 2200

Holidays 0900 - 2200

Comments..... :

The Fleet gym features sports courts, saunas and locker rooms, a sporting goods store, fitness machines and freeweight area.

SPARE TIME RECREATION CENTER

Location..... : Building 91

Hours of Operation: Bowling 1100-2200, Snack bar 1100-2100, 7 days a week

(Closed every second Tuesday for Maintenance)

Phone: Bowling - DSN: 252-3634, Snack Bar - DSN: 252-3636

Features:

8 Synthetic Bowling Lanes, Snack Bar, Slot Machines, Arcade, Fully Equipped Exercise Machines and Soft Play Area for Toddlers.

Open Bowling starts at 1100 ends 2200. Military in uniform bowl for FREE Monday thru Friday from 1100- 1300. Bowling Tournaments are schedule every Friday night. Wednesdays is League Night.

The 11th Frame Snack Bar serves Burgers, Sandwiches, Lumpia, fried Rice and many more. Operating hours are from 1100-2100.

Catering serves are available for all occasions such as birthdays, re-enlistments, divisional events, holidays, etc.

The arcade has video games and pool tables. Slot Machines? Yes! We have those, too.

The Fitness Gym is open 24 hours. Located in the Spare Time bowling Center.

SWIMMING POOL (Outdoor)

Location..... : Main Base and Hario Village
Hours..... : From Memorial Day
Weekend

through Labor Day.

Comments..... :

Both pools offer open and lap swimming. The Aquatics Program conducts swim lessons and lifeguard training courses and can arrange private parties upon request.

TSUKUMO GOLF COURSE

Location..... : 20 minutes from Main Base
Telephone..... : 252-3595
Comments..... :

Although we do not have a golf course on base, we have up to 12 priority tee times Monday through Saturday. All golfers must wear a hat and collared shirt, and no jeans. Cost is approximately Y1,000 (about \$10.00) and must be paid in yen.

HARIO VILLAGE GYM

Location..... : Hario Village
Telephone..... : 252-8864
Hours..... : Mon - Fri 0600 - 2200
Sat - Sun 0800 - 2200
Holidays 0800 - 2200

Comments..... :

Offers freeweights and fitness machine area. Also has raquetball courts, basketball court, outside tennis court, saunas and locker rooms.

AUTO HOBBY SHOP

Location..... : Building 1601
Telephone..... : 252-3977
Hours..... : Mon, Wed - Fri 1300 - 2100
Sat - Sun 1100 - 1845
Holidays 1100 - 1845

Comments..... :

Located on Main Base, the Auto Hobby Shop sells many accessories, offers state of the art equipment, 12 bays and a paint booth all for "do-it-yourselfers."

WOOD HOBBY SHOP

Location..... : Building T358
Telephone..... : 252-3954
Hours..... : Mon & Wed 1700 - 2100
Sat 1100 - 1700

Comments..... :

Located on Main Base. Wood can be bought at the Wood Hobby Shop. All patrons must take a wood safety course, which is offered free of charge.

SAILING AND OUTDOOR ADVENTURE CENTER

Location..... : Bldg 1366
Telephone..... : 252-3500
Hours..... : Mon, Thu & Fri 1100 - 1800
Sat - Sun 0800 - 1800
Tue - Wed Closed

Comments..... :

The Sailing Center contains seacycles, sailboats and 2 recreational vehicles. Short training courses are mandatory for the sailboats and recreational vehicles.

ARTS AND CRAFT CENTER

Location..... : Hario Village Community Center
Telephone..... : 252-8826
Hours..... : Wed - Fri 1200 - 1700
Sat - Sun 1200 - 1800
Mon - Tue Closed

TRAVEL AND TOURS

Location..... : Fleet Landing
Telephone..... : 252-3433
Hours..... : Mon - Sat 1000 - 1730
Comments..... :

Located on Main Base. Travel and Tours conducts trips through-out the year that will enable you to see many of Japan's cultural and recreational sites and attractions.

MOVIE THEATERS

Location..... : Main Base and Hario Village
Telephone..... : 252-3822
Comments..... :

The Main Base Showboat Theater with state-of-the-art projectors and stereo surround sound presents the most popular motion pictures usually within two weeks after their release in the states. The new Village Theater at Hario Village will be opening on Memorial Day Weekend 2001.

LIBRARY

Location..... : Building PW46
Telephone..... : 252-3593
Hours..... : Mon - Fri 0800 - 1700, 1800 - 2200
Sat & Sun 1300 - 1700

Comments..... :

A full service library is operated at main base. A wide selection of fiction, non-fiction, magazines and newspapers are provided for your reading pleasure. Videos, books on cassettes, best sellers, children's materials, reference materials, language tapes, culture videos and a paperback exchange are also available. A much smaller satellite is located in Hario Village.

EXPRESS PERSONALIZED GIFTS

Location..... : Building 91
 Telephone..... : 252-3930
 Hours..... : 0800-1700
 Comments..... :

Order T-shirts, caps, mugs and plaques for your special occasions.

Chapel Services and Programs

Name: COMMAND RELIGIOUS PROGRAM
Address: Building PW47
DSN Phone: 252-3380
Comments: Hours: 0830-1630 Protestant, Roman Catholic, Gospel, Jewish, Lutheran and Protestant Charismatic worship services are offered at both Main Base and Hario Village. Other services include religious, marital and pre-marital counseling, Sunday school, CCD, weekend retreats, visits to local orphanages and Japanese houses of worship. The Chaplains' Office has a Coffee House which is an inviting place to relax, play games and watch TV.

Drug and Alcohol

Name: COUNSELING AND ASSISTANCE CENTER (CAAC)
Address: Building 310, Second Floor
DSN Phone: 252-3688
Comments: Hours: By appointment

Legal Assistance

Name: NAVY LEGAL SERVICES OFFICE (NLSO)
Address: Building 502
DSN Phone: 252-3347
Comments: Hours: Mon-Fri 0800-1130 and 1300-1600 NLSO provides legal assistance in the following categories: defense services, wills, powers of attorney, notaries, certified copies, bills of sale, adoptions, marriages, contracts and preventive law.

Name: STAFF JUDGE ADVOCATE (SJA)
Address: Building 80
DSN Phone: 252-2102/3385
Comments: Hours: Mon - Fri 0730 - 1630 SJA takes care of birth registration abroad, fiance visas and immigration to the United States. SJA is also the liaison between the base and Sasebo city officials for legal and criminal issues.

Child And Teen Services

Child and Teen Services Overview

Program Offered	YES/NO
Full Day	YES
Part Day - Preschool	YES
Part Day - School Age	YES
Hourly Care	YES
Special Needs Care	YES
Care Type	YES/NO
Infant	YES
Toddler	YES
Pre-School	YES
School-Age	YES

The rate for hourly care is \$2.50/hour, plus \$3.00 if your child eats lunch. The rates for full day care are dependent upon sponsor's paygrade and income and vary from \$48.00 - \$90.00 per week. Part day care uses the same formula as full day care. Rates for 2 days a week range from \$32.00 - \$62.00 per week, 3 days a week from \$50.00 - \$94.00. There is no waiting list for Hario CDC, but the waiting list for Main Base is running from 6 - 9 months.

New Parent Program

The New Parent Support Team, located at Fleet and Family Support Center, is a program of caring, sharing and support, that is dedicated to promoting

healthy and positive Parent-Child interaction and to help parents feel good about themselves.

Our staff has knowledge and practical experience in working with parents and families. Home and hospital visitation, parent education, and support groups are used to provide information on numerous topics such as breastfeeding, daily care of infants and children, growth and development, health care, and safety.

This no-cost program is open to all SOFA Active Duty military personnel and their dependents who are expectant parents or parents of newborns.

Services are provided from pregnancy through the youngest child's fifth year.
Contact FFSC for more details.

Name: Fleet and Family Support Center
Address: Psc 476 Box 62
City: FPO 96322-0062
Phone: (DSN) 252-3604
FAX: (DSN) 252-3653

Child Care Programs - on Installation

CHILD DEVELOPMENT CENTER (Main Base)

Location..... : Bldg. 500
Telephone..... : 252-2985
Hours..... : Mon-Fri 0645-1730
Comments..... :

The rate for hourly care is \$2.50/hour, plus \$3.00 if your child eats lunch. The rates for full day care are dependent upon sponsor's paygrade and income and vary from \$48.00 - \$90.00 per week. Part day care uses the same formula as full day care. Rates for 2 days a week range from \$32.00 - \$62.00 per week, 3 days a week from \$50.00 - \$94.00. There is no waiting list for Hario CDC, but the waiting list for Main Base is running from 6 - 9 months.

CHILD DEVELOPMENT CENTER (Hario)

Location..... : Bldg. 5140
Telephone..... : 252-8842
Hours..... : Mon-Fri 0630-1800

Child Care Programs - Community

Child care off base is normally through private contract. The Child Development Center is currently working on getting "Cho" Home Care Providers certified. Also the Fleet and Family Support Center maintains a listing of certified baby sitters. The

Sasebo Soundings lists certified Child Care Providers also.

Things To Do - Clubs and Social

Main Base and Hario have a Youth Center that is open for before school and after school care. The cost is reasonable and the children do many fun activities.

The Main Base Teen Center is located in Bldg. 502, across from E.J. King school. The facility includes a DJ Booth, and a 52 inch TV/movie screen, pool table . Hario Housing Village has a new Teen Center. Both Teen Centers combine their dances and field trips on a monthly basis. Age limits are 13 - 17 years old.

The Boy Scouts and Girl Scouts are very active in Sasebo. The Chaplain's office has youth groups in Main Base and Hario Housing Village. Check out the Youth Sponsorship Program at FFSC.

Things To Do - Recreation and Sports

There is a wide variety of activities to do in Sasebo and the monthly MWR Showcase magazine lists activities available including sailing, camping, fun runs, aquatics, Camp Adventure, dances, youth baseball, tours and more.

Schools

Please see the Category EDUCATION for more information on area schools.

School Age Care

Main Base and Hario have a Youth Center that is open for before school and after school care. The cost is reasonable and the children do many fun activities.

The Main Base Teen Center is located in Bldg. 502, across from E.J. King school. The facility includes a DJ Booth, and a 52 inch TV/movie screen, pool table, table tennis and much more . Hario Housing Village has a new Teen Center. Both Teen Centers combine their dances and field trips on a monthly basis. Age limits are 13 - 17 years old.

Religious Programs

The Chaplain's Office have two youth groups, one in Main Base and one in the Hario Housing Village. These groups currently meet twice a month and enjoy many outings in the Sasebo area. Both Main Base

and Hario Village have Sunday school services. Contact the chaplains office for more details.

Special Events

Both schools E.J.KING and J.N.DARBY are very active in the hosting special events with the Japanese community and Japanese schools. Become a school volunteer and experience all the great times.

Sponsorship and Support

If you have children that would like a sponsor of their own age, Sasebo Fleet and Family Support Center has a Youth Sponsorship Program. Contact the Relocation Assistance Program Coordinator DSN 252-3101/3604 at the Fleet and Family Support Center and we will coordinate with the school to find a school-aged sponsor. Give us a little background on your child so that we can find someone with similar interests and the same age.

Youth Employment

The Summer Youth Employment Program is open to SOFA sponsored family members of Active Duty or DoD civilians in Sasebo. Applicants must be age 14 - 21 at the time of hire. Youths must have parental consent prior to employment concerning the specific type of work to be performed. No experience is required. Placements will be made on a first come, first hired basis. Candidates must be available for the entire job placement period.

Name: NEX Personnel Office
Address: Bldg. 108 2nd Floor
Phone: 252-3520

Youth Centers

Name: YOUTH CENTER (Hario)
Address: Bldg. 5024
DSN Phone: 252-8866
Comments: Hours: Mon - Fri 0600 - 1830 Sat & Holidays 1200 - 1800 The Youth Centers have many activities for youths age 6-12, including reading programs, cultural programs, field trips, arts and crafts, baseball, soccer, basketball, video, music and much more.

Name: YOUTH CENTER (Main Base)
Address: Bldg. 502
DSN Phone: 252-3797
Comments: Hours: Mon - Fri 0630 - 1800

For Teens Only

Sasebo has a Teen Center on the Main Base and in the Hario Housing community.

Survival Tips For First Termers

Survival Tips for First Termers Overview

For more information on this subject:

U.S. Fleet Activities Sasebo

<http://www.cfas.navy.mil>

Moving overseas does NOT have to be a stressful event, with proper preparation and planning ahead, you can eliminate many of the potential hassles so you can concentrate on the adventure. Visit your local Fleet and Family Support Center and pick up the "Welcome to Sasebo" video and the Sasebo Welcome Aboard package. You may want to visit the library or the bookstore and read up on Japan. Or buy some language tapes and start learning your new host country's language and make a great impression! Make sure you include all your children in your relocation plans. If you are single include your family and friends and catch the excitement of moving to Japan.

Please read the SITES booklet in its entirety to assist you in preparing for your move. Good luck and the Fleet and Family Support Center will see you in Base Indocrination and Intercultural Relations Workshop.

Before You Move

For more information on this subject:

<http://www.cfas.navy.mil>

If you have any questions prior to your arrival, do not hesitate to contact the Relocation Assistance Program (RAP) at the Fleet and Family Support Center, PSC 476, Box 62, FPO AP 96322-0062, or call at DSN 252-3101/3604. You should also plan a visit to your current FFSC as they will be able to assist you with relocation planning. Your FFSC should have a copy of our "Welcome Aboard Sasebo" video and a Welcome Aboard package available for you.

You will also need to make an appointment with your local Personal Property Office to arrange for your household goods shipment. The sooner this is set up, the easier things will be for you. Don't forget to bring ten copies of your orders. Be sure to ask about arranging your goods for a partial withdrawal of HHG in Sasebo. This will allow access to the goods you will need to furnish a cho-house while keeping the majority of your goods in storage until you move into base housing. Partial withdrawal is a one - time deal and must be arranged at the point of origin.

Visit your PSD and apply for no-fee passports for family members. Active duty can enter Japan with their ID cards and orders, but you may want a passport for any personal travel while you're overseas. If you have children that would like a sponsor of their own age, please contact Relocation office and we will coordinate with the school to find a school age sponsor. Give us a little background on your child so that we can find someone with similar interests and of the same age.

For families interested in bringing pets to Japan, Make sure you read the PETS section of this SITES package for valuable information.

After You Arrive

Make the Fleet and Family Support Center your first stop! We can guide you in the right direction. We are located on Main base just inside the Main Gate in the same building as the Post Office. We have all kinds of programs and services to make your settling in process and your entire stay in Japan a pleasant and rewarding experience. Your first priority is to sign up for the Base Indoctrination and Intercultural Relations (ICR) workshops. Base Indoctrination is a briefing of on-base facilities and services. This workshop includes a mandatory Safety Course WHICH YOU MUST ATTEND TO OBTAIN A DRIVERS' LICENSE. ICR is an overview of Japanese culture, customs, language, etc. We have a program called "Know your Cho", after you have moved into a Japanese house, our Japanese volunteers assist you in getting to know your new neighborhood and meeting your neighbors. Other programs include formal classes on Japanese language, Ikebana, Japanese calligraphy and much more.

Other quick stops you will want to make as soon as you get here are the Housing Office, PSD to get a SOFA stamp in your passport for multiple entry and exit to and from Japan.

Reporting Procedures

Name: BILLETING OFFICE
Address: Building 1604
DSN Phone: 252-3413
Comments: Hours: 0600-2400 The BEQ and the BOQ are for unaccompanied service members. These facilities are not used as temporary lodging for families. The BEQ and BOQ will also check-in unaccompanied service members who cannot report to their commands due to command deployment or arrival after duty hours. If you are unaccompanied and your command is a ship, and you arrive after duty hours, report directly to your command. If your ship is deployed or you are with a shore command; and you arrive after duty hours, report directly to the (TPD)BEQ or BOQ for check-in. Please check with your sponsor for detailed information concerning further command "check-in" information.

Name: Personnel Support Activity
Address: Building 154
DSN Phone: 252-3470/3475
Comments: Hours: Mon-Fri 0900-1500 Inprocessing differs for various commands. Contact your sponsor of command for specific reporting procedures. If your command is deployed, report to the Transient Personnel Detachment (TPD). Also, the Command Duty Officer (CDO), DSN 252-3446, can assist you in locating billeting after hours if you run into a problem. Try to arrange your billeting in advance since on-base billeting is limited, especially for families.

Travel Planning

Before checking out from your last duty station, your travel arrangements should be complete to your final destination (Sasebo). Your international flight from CONUS will terminate at one of three airports - Narita Airport (Tokyo), Kansai Airport (Osaka), or Nagoya Airport (Nagoya). If your international flight is from Hawaii via Northwest Airlines, your flight will terminate at Fukuoka Airport (Fukuoka).

Upon arrival, you will proceed through immigration (show debarkation card, orders, passport, military ID and any other documents the official request). You will then go to the baggage claim area, secure your baggage and clear customs inspection (again, you may be asked to show ID, orders, passport, etc).

After you have cleared immigration and customs, proceed to the designated Domestic Terminal for your connecting flight to Fukuoka.

At Fukuoka Airport, domestic flights arrive at Terminals 1 and 2. If you arrive at Terminal 1, you will have to exit the terminal and re-enter Terminal 2 to locate the FMAT shuttle bus driver (there is no connecting concourse between Terminals 1 and 2).

If you are routed to Narita Airport, ensure that your connecting flight to Fukuoka or Nagasaki is also from Narita, vice Haneda Airport, which is the domestic airport. Traveling between the two airports will necessitate ground transportation of up to two hours at a cost of about \$20.00 per person (bus). This routing is particularly difficult if traveling with a pet and a lot of luggage.

If you get in a bind and need to spend the night in Tokyo, the New Sanno Hotel is a great place to stay but it's not close to the airport. It is for eligible military members and civilian employees of the United States Armed Forces and their family members. Their phone number if dialing from Japan is: (03) 3440-7871 or DSN: 229-7121.

There is a base shuttle bus that makes three trips daily to Fukuoka to pick up personnel and bring them to Sasebo. Please see the SITE Transportation information section for more details. You can also take a train or bus from Fukuoka, but again this is difficult with a lot of luggage. PLEASE LET YOUR SPONSOR OR THE FAMILY MEMBER ASSISTANCE TEAM (FMAT) KNOW OF YOUR TRAVEL PLANS. Their phone number is 252-3623. Please make sure your name is on the shuttle bus list to ensure you have a seat.

Nagasaki is one and a half hours from Sasebo by car however there is no dedicated shuttle transportation and arrangements will have to be made to have transportation pick you up.

EMERGENCY PHONE INFORMATION

If you are faced with an emergency and need to contact your command, locate a green public phone which will accept yen coins or a Japanese phone

card. Phone cards can normally be purchased at a vending machine next to the public phone. Contact the base phone operator at 0956-24-6111 who will connect you with your command or Port Operations.

MONEY

Before starting your journey to Sasebo, you should have at least two hundred dollars' worth of yen. Money changers can be difficult to find at a port of entry arrival terminal. All expenses for food, lodging (in the event of an emergency), phone calls, and taxes or duty and transportation will have to be paid in yen. Some hotels MAY allow the use of a credit card.

LODGING

Temporary lodging on base is limited. Off-base lodging is available however the rooms may be smaller. To avoid any hardships, arrangements should be made at the earliest possible date to reserve a room at the Navy Lodge for accompanied or BEQ/BOQ for unaccompanied personnel.

HOUSING

Please read the section on housing. Due to the housing waiting list, there is a high probability that you will have to live on the local economy for a period of time.

PETS

If you bring a pet, it is extremely difficult if not impossible to find someone willing to keep your animal(s) until you find a landlord who will rent to pet owners. There are limited self-serve (you are responsible for feeding, watering and cleaning your animal's holding facility) animal holding facilities. There is a fee for their usage. No hotels accept pets. It is highly advised that you make arrangements to find a person in Sasebo who will take care of your pet before you arrive. Also remember your wait for housing may be longer due to the rule of no dogs allowed in the high-rise apartments.

For additional information contact the Fleet and Family Support Center. DSN 252-3101.

Vehicle Ownership

The public transportation system here is not as extensive as that in the Tokyo area but the trains, buses and taxis are available and with careful planning you will be able to figure out your route.

Active duty servicemembers must be 20 yrs of age, E-5 and above to have a vehicle in Sasebo. To obtain your driver's license you must attend Base Indoc & ICR and the driver's safety brief. After attending those you will be given 50 question test and driving road test. If you decide to buy a vehicle here's a budget to assist you: (1) A used car normally costs from \$1,000 to \$3,500 (2) Insurance is a must! \$300 to \$800 Insurance is based on the member's age and pay grade. Officers may use their USAA policy for part of their automobile insurance. (3) Ownership transfer fees can cost from \$50-\$300. (4) Road tax is due every year and ranges from \$50-\$85 (5) Getting your car ready for a JCI Inspection prices range from \$600-\$1000. Try and buy a car with a long JCI period. The JCI is done every year or every two years depending on the age of the vehicle.

Housing and Billeting

Housing is available for accompanied Department of Defense personnel including authorized DoD civilians. The waiting period for on-base vary considerably, currently between 3-24 months. Personnel are placed on the waiting list by their detachment date from their last permanent duty station. Since there is a long wait for on-base quarters, plan to either live off-base or to have family members wait in the States until housing is available.

Housing is available at two locations: Main Base and Hario Village, which is about 25 minutes drive from Main Base. Main Base has 155 units and Hario has 488 units. The basic types of quarters are 3-4 bedroom townhouses, 2 bedroom quads, 2-3 bedroom highrise tower apartments, and a few old Japanese Imperial Navy homes. Government quarters are furnished with all appliances: washer, dryer, dishwasher, range, refrigerator, a/c, heat. So do not ship or bring these items. Electricity in Sasebo is 100V, 60Hz, so most U.S. equipment will work here. The only cost to base housing residents is the telephone bill.

Hario Housing Village has many support services including an Elementary school, Child Development Center, Recreational facilities, Commissary, Chapel, Medical-Dental Clinic, and Home Store. Approximately 66% of accompanied members live in base housing and the remainder live on the Japanese economy. Much more detailed information, including floor plans, is available directly from the Housing Welcome Center. Off-base Housing is commonly referred to as the "cho" meaning "neighborhood" or "district". Japanese homes are quite different from American-style homes. They are, on the average,

much smaller - don't bring large furniture - and are usually poorly insulated. There is no central air or heat. Kitchens tend to be quite small. Closet or storage space is very limited. There are no basements and garages are rare. Pets make house hunting extremely difficult. Eligible accompanied DoD personnel receive the following for their use while living off-base: two kerosene heaters, two air conditioners/heat pumps, a range, refrigerator, washer/dryer carbon monoxide detectors and smoke detectors. Loaner furniture is also available for 90 days or until household goods arrive. Do not bring appliances to Sasebo. See your command and the Housing Welcome office for single personnel desiring to live off base.

The initial cost to move into a cho house can be quite high, but most expenses are reimbursed by the government for eligible military personnel. These costs include a fee equal to one month's rent for restoration, one month for realtor's fees, two months security deposit and one month's advance rent. Since rents can easily exceed \$1,000 month, the total move-in amount can exceed \$5,000. All but the security deposit is paid by the government for eligible military personnel. Civilians are covered by different regulations. The housing office conducts a mandatory housing brief for newly arrived families.

Name: HOUSING WELCOME CENTER
Address: Building 154
DSN Phone: 252-3402
Comments: Hours: Mon-Fri 0800-1630

Money Matters

The cost of living in Japan is higher than in some areas in the United States. The U. S. Navy compensates for this difference by a Cost of Living Allowance (COLA) included in the active duty service member's pay. This amount is adjusted as the yen rate fluctuates.

Overseas Housing Allowance (OHA) is provided to most accompanied personnel living on the economy to cover a major portion of the rent and utilities. However, initial moving-in expenses can run into the thousands of dollars. A portion of this can be reimbursed by the Navy and there is the option of Advanced Housing Allowance in some instances which would be deducted from the member's pay on a planned payment schedule. More information can be obtained from the Housing Office at your current duty station.

Moving In Housing Allowance (MIHA) and Dislocation Allowance (DLA) are also available to most U. S. Navy personnel relocating with family. These are provided to cover special relocation costs and you should be sure that these allowances are set aside and used for their intended purpose.

Temporary Lodging Allowance (TLA) is currently provided for the first thirty days from the time of arrival in Sasebo by either the active duty member or the dependents, whoever arrives first. DoD civilians receive 90 days TLA. Conditional provisions are made for a thirty-day extension of TLA. This allowance should cover expenses for lodging in the Navy Lodge or in a Japanese hotel. If you do not feel

you are eligible for TLA, please plan accordingly when determining your moving budget. A Japanese hotel is expensive and lodging on base is provided on a space available basis.

Depending on whether you are traveling alone or with your family and pet, you will need at least several hundred dollars' worth of yen in your pocket to cover unforeseen events. If you require ground transportation or your flight is delayed overnight, you may need advance monies on the spur of the moment. Not all credit cards are accepted throughout Japan.

American dollars and credit cards are not accepted out in the Japanese economy.

At A Glance

Facility/Services Summary

<i>--Officer and Enlisted Population--</i>			
Active Duty Officer	246	Active Duty Warrant Officer	2
Guard Reserve Officer	0	Guard Reserve Warrant Officer	0
Retired (Officer and Enlisted)	71	Foreign Service Officers	0
Active Duty Enlisted	2800	Guard Reserve Enlisted	0
Foreign Service Enlisted	0		
<i>--Civilians--</i>			
Civil Service	120	Wage Grade	20
Non-Appropriated Funds	120	Family Members -on and off Installation-	1847
<i>--Family Services--</i>			
Family Centers	2	Teen Centers	2
Child Day Care	2	Family Child Care Certified Homes	1
Total Child Capacity	150	Total Child Capacity	6
Average Waiting List Time -Months-	6		
<i>--Other Services--</i>			
Commissary	2	Exchanges	2
Shoppettes	2	Gas Stations	2
Movie Theaters	2	Banks and Credit Unions	2
McDonalds/Burger King	1	Other i.e. Exchange concessionaires	0

Housing Summary

<i>--Officer Housing--</i>			
Senior Officer Waiting	16	Senior Officer 3 Bed Room	36
Senior Officer 4 Bed Room	8	Senior Officer Other	3
Company Grade Officer Waiting	16	Company Grade Officer 2 Bed Room	41
Company Grade Officer 3 Bed Room	26	Company Grade Officer 4 Bed Room	11
Company Grade Officer Other	0	BOQ	61
<i>--Enlisted Housing--</i>			
Senior Enlisted Waiting	16	Senior Enlisted 3 Bed Room	81
Senior Enlisted 4 Bed Room	22	Senior Enlisted Other	0
Enlisted Waiting	16	Enlisted 2 Bed Room	242
Enlisted 3 Bed Room	146	Enlisted Other	26
BEQ	64	Transient Lodging Facilities	26

Education Summary

<i>Name</i>	<i>Numbers</i>
Elementary School	2
Jr High/Middle School	1
High School	1

Local Community Summary

<i>Type of Housing</i>	<i>Avg.</i>	<i>Low</i>	<i>High</i>
Apartment Rent	800	600	1200
House Rent	900	800	1500
House Price - Single Family	0	0	0
Townhouse/Condominium Price	0	0	0

Medical and Dental Summary

--Medical Facilities--					
Medical Treatment Facilities	Y	Number of Beds	0	Medical Clinic	2
Alcohol	Y	Allergy	Y	Audiology	Y
Cardiology	Y	Coronary care	N	Dermatology	Y
Dietary	N	Emergency room	Y	Endocrinology	N
Family Practice	Y	General surgery	N	Gynecology	N
HIV Unit	N	Hematology	N	Immunization	Y
Infect Disease	Y	Intensive Care	N	Laboratory	Y
Mental Health	N	Neonatal Intensive Care Unit	N	Nuclear Medicine	N
Nephrology	N	Neurology	N	Neurosurgery	N
Obstetrics	N	Oncology	N	Ophthalmology	N
Optometry	N	Orthopedics	N	Otolaryngology	N
Pathology	Y	Pediatrics	Y	Physical Therapy	N
Podiatry	N	Primary Care	Y	Radiology	N
Rheumatology	N	Urology	N		
--Dental Facilities--					
Dental Clinics	2	Adolescent	N	Endodontics	Y
General Dentistry	Y	Oral Surgery	Y	Orthodontics	N
Pedodontist	N	Periodontics	N		

Relocation and Support Services Summary

--Military Clubs--			
Officers Club	1	Non-Commissioned Officers Club	1
Enlisted Club	2		
--Recreation--			
Arts and Crafts	1	Automobile Hobby Centers	1
Bowling Centers	1	Recreational Centers	2
Libraries	2	Music and Theater Locations	2
--Physical Fitness/Sports--			
9 Hole Golf Courses	0	18 Hole Golf Courses	0
Gyms/Physical Fitness Centers	3	Jogging Paths	1
Tennis Clubs/Courts	4	Tennis Courts - Lighted	4
Swimming Pools - Public	2		
--Nature/Outdoor Activities--			
Outdoor Recreation Centers	1	Campgrounds	0
Fishing Areas	0	Horse Stables	0

APPENDIX

Disclaimer

Presentation of direct or indirect links to products, services or vendors does not constitute endorsement by the Department of Defense. We have provided links to these sites because they have information that may be of interest to our users. These links are presented for informational purposes only. You are encouraged to thoroughly investigate and evaluate items of interest prior to entering into contractual obligations.